

**60th Philippine Pediatrics Society Convention, Inc**  
**Annual Convention**  
**May 14-17,2023**

**SCIENTIFIC PROGRAMME**

**Theme: “Hindsight · Insight · Foresight: A 360-degree Vision  
of Excellent Pediatric Care**

**PROGRAM DESCRIPTION:** The 60th PPS Annual Convention is in a hybrid format with six (6) face-to-face plenary lectures over three (3) days and fourteen virtual tracks on demand distributed in two (2) days, each consisting with four subtopics for a total of fifty-six (56) subtopics. All sessions will be accessible online for three (3) months to all registered participants.

The theme of the four (4) days convention is *“Hindsight Insight Foresight: A 360-degree Vision Toward Excellent Pediatric Care,”* which aims to highlight a comprehensive and critical perspective in pediatric decision-making, carefully considering learnings from previous experiences, introspection of current processes and exploring possible scenarios. It is intended for all general pediatricians as well as subspecialists. It is open to other allied health care professionals who are likewise involved in child healthcare. A certificate of attendance will be given to all participants with corresponding CPD units at the end of the convention, and after the completion of a post-test and accomplished evaluation forms.

**COURSE OBJECTIVES:**

At the end of the 60th PPS Annual Convention, the participant will be able to appropriately diagnose and manage pediatric patients using a 360-degree approach:

1. HINDSIGHT: Redirect decision-making by critically examining past performance and learnings
2. INSIGHT: Understand the underlying cause of each current condition through ongoing experience and inquisitiveness
3. FORESIGHT: Plan ahead for creative outcomes based on probable future trends and scenarios

- Selected Participants - Real Time
- All Attendees (Virtual & F2F) - Real Time
- All Attendees (Virtual & F2F) - Per Demand
- Face to Face Attendees Only - Real Time



# Program at a Glance

**HINDSIGHT. INSIGHT. FORESIGHT : A 360-DEGREE VISION TOWARD EXCELLENT PEDIATRIC CARE**  
**60th PPS ANNUAL CONVENTION : A HYBRID CONVENTION**

	14 May 2023 Sunday	15 May 2023 Monday	16 May 2023 Tuesday	17 May 2023 Wednesday
7-8 AM	Claiming of Registration Kits	Claiming of Registration Kits	Claiming of Registration Kits	Claiming of Registration Kits
8-9 AM	Preconvention Workshops	37th Dr. Alberto V. Tupas Memorial Lecture "Pediatric Research During the COVID-19 Pandemic" FELIZARDO N. GATCHECO, MD	11th Dr. Fe Del Mundo Memorial Lecture "Challenges of the Next Generation Pediatrician: Enhancing Primary Care in Community Pediatrics" MARTHONY P. BASCO, MD	10th Dr. Perla D. Santos-Ocampo Memorial Lecture "Pediatric Leadership and Governance: Setting Roadmaps in Pediatric Clinical Practice" JULIET J. BALDERAS, MD
9-10 AM		HAB Meeting	Plenary Session No 1 "CALL TO ACTION: Getting Back on Track with Childhood TB" JOSEFINA CADORNA-CARLOS, MD	Plenary Session No 3 "Children of the Philippines: A Situation Analysis" BERNADETTE J. MADRID, MD
10-11 AM		Plenary Session No 2 "The IQ and Stunting Connection: Breaking the Cycle" Linda S. Adair, PhD	Plenary Session No 4 "The First 270 days...Strengthening Fetal Outcomes" Raul M. Quillamor, MD	Plenary Session No 6 "Outbreaks beyond the horizon: The One Health Approach" Charissa Borja-Tabora, MD
11-12 NN		Opening of Commercial Exhibits	Visits to Commercial Exhibits	Closing Ceremony
12-1 PM	Break time	Midday Educational Grant Symposium	Midday Educational Grant Symposium	Break time
1-2 PM	Research Poster Presentation Contest	Tracks on Demand 1-7	Tracks on Demand 8-15	<b>BUSINESS MEETING</b>
2-3 PM	Interesting Case Contest	<ul style="list-style-type: none"> <li>• Nutrition Pearls: Guidelines to Healthy Eating</li> <li>• The Golden Period in Pediatric Emergencies</li> <li>• COVID-19: The Saga Unfolds</li> <li>• Commonly Missed Pediatric Diagnosis in Clinical Practice Part 1</li> <li>• Revisiting Ethical Aspects of Pediatric Practice</li> <li>• Periodic Preventive Health Visits: A More Appropriate Approach to Delivering Services</li> <li>• Meeting of the Minds: Evolving Strategies</li> </ul>	<ul style="list-style-type: none"> <li>• Pharmacotherapeutics: A Refresher Course for the Pediatrician</li> <li>• Tracking the Trends in Pediatrics</li> <li>• Life Beyond the Pandemic: From Coping to Making Progress</li> <li>• Commonly Missed Pediatric Diagnosis in Clinical Practice Part 2</li> <li>• Sleep 101: Good Sleep for Good Health</li> <li>• Environmental Exposures and its Impact on Health</li> <li>• Strengthening the Commitments to Child Survival</li> </ul>	
3-4 PM	Break time			
4-5 PM	MASS			
5-6 PM	OPENING CEREMONIES FELLOWSHIP NIGHT	Educational Twilight Symposium	Educational Twilight Symposium	
6 PM onwards				



	RESEARCHER “After the Research Question, Now What?”	CLINICIAN “The Pediatrician as a Clinician Going Full Circle”	MANAGER “Unleashing your Managerial Skills in your Practice”	EDUCATOR “The Pediatrician as a Teacher”	SOCIAL MOBILIZER “The Use of Digital Media for Social Mobilization”
8:00 – 8:30 AM	<b>OPENING CEREMONIES</b>				
8:30 AM	<p><b>How to Write a Manuscript for a Medical Journal Publication.</b> Cecilia Nelia Maramba-Lazarte, MD</p> <p><b>Objectives:</b> At the end of the sessions the participant is able to:</p> <p>Gain tips on choosing the medical journal to submit to</p> <p>Understand the different sections of a manuscript of an original article</p> <p>Appreciate and apply the different criteria of authorship</p> <p>Use grammatically correct text to present data and its interpretation clearly and succinctly for the intended audience</p> <p>Understand the steps in writing clinical research for presentation</p>	<p><b>Elements of a Good Family Conference</b></p> <p>Rhea Angelica P. Jayma, MD</p> <p><b>Objectives:</b> Understand the elements of a good family conference</p> <p>Identify scenarios wherein this must be initiated</p> <p>Apply these to selected case scenario</p>	<p><b>Leveraging Your DiSC (Dominance, Influence, Steadiness, Conscientiousness) Profile as a Multi-faceted Pediatrician</b> Romulo S. Romero, PhD</p> <p><b>Objectives:</b> The module will interpret their DiSC Profile (Dominance, Influence, Steadiness, Conscientiousness) and link this to being Clinician, Social Mobilizer, Educator, Manager and Researcher.</p> <p>Applications can be made to managing self, managing staff, interpersonal relationships and figuring patients / kids out towards desired patient outcomes.</p>	<p><b>Utilizing Technology for Higher Education in Pediatrics</b></p> <p>Redante D. Mendoza, MD</p> <p><b>Objectives:</b> Demonstrate the various latest tools for teaching</p>	<p><b>Social Mobilization in Healthcare</b></p> <p>Raymond John S. Naguit, MD</p> <p><b>Objective</b> Define social mobilization</p> <p>Identify the goals of social mobilization in medical / pediatric practice</p> <p>Define the role of pediatrician as a social mobilizer</p> <p>Discuss the use of digital and social media in social mobilization</p> <p>Follow the process of offline and online social mobilization in the clinical and societal settings</p>

<p>9:00 AM</p>	<p><b>How to Practice Ethics in Pediatrics.</b></p> <p>Vinna Marie Tenorio-Quiñones, MD</p> <p><b>Objectives:</b> Examine challenges to conducting research in the pediatric population</p> <p>Appraise an appropriate informed consent and assent according to the subject's risk</p>	<p><b>Early Palliative Care: Adding Quality of Life into Their Years</b></p> <p>Marilou A. Abiera, MD</p> <p><b>Objectives:</b> Know the components of palliative care</p> <p>Identify scenarios when this is applicable</p> <p>Understand the benefits of early application of palliative care</p> <p>Provide resources of government or private entities which offer palliative care services</p>	<p><b>Understanding the Pediatrician's Business and Mission</b></p> <p>Romulo S. Romero, PhD</p> <p><b>Objectives:</b> Update health care workers on what vaccines or prophylaxis are needed when traveling to specific places.</p> <p>This module will introduce participants to the Business Model Canvas to ensure sustainability of their practice through succession planning and delegation.</p> <p>The module will surface opportunities to sharpen the value of their practice using a tool of Blue Ocean Strategy.</p>	<p><b>Making a killer presentation using interactive media</b></p> <p>Gracieux Y. Fernando, MD</p> <p><b>Objectives:</b> Select the most appropriate teaching method depending on the level or type of learner</p>	<p><b>The General Physician as a Social Mobilizer</b></p> <p>Patrick Gerard Moral, MD</p> <p>Define social mobilization</p> <p>Identify the goals of social mobilization in medical / pediatric practice</p> <p>Define the role of pediatrician as a social mobilizer</p> <p>Discuss the use of digital and social media in social mobilization</p> <p>Follow the process of offline and online social mobilization in the clinical and societal settings</p>
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9:30 AM	<p><b>How to Develop a Questionnaire for Research.</b> Carol Stephanie Tan-Lim, MD</p> <p><b>Objectives:</b></p> <p>Describe the specific characteristics required for a good research questionnaire</p> <p>Summarize the basic steps in questionnaire design to highlight the conceptual framework, format and statistical analysis</p>	<p><b>End of Life Issues: Softening the Blow</b> Mary Jean V. Guno, MD</p> <p><b>Objectives:</b></p> <p>Identify end of life situations</p> <p>Prepare the family for end of life situations</p>		<p><b>Feedback from a learner in Pediatrics</b> Maria Dawn Rosary B. Yap, MD</p> <p><b>Objectives:</b></p> <p>Describe learning difficulties and challenges as a pediatric resident</p>	<p><b>The Model for Social Mobilization: Mental Health</b> Raymond John S. Naguit, MD</p>
10:00 AM				<p><b>Bridging the Generation Gap between the Teacher and the Learner</b> Ma. Cecilia D. Alinea, MD</p> <p><b>Objectives:</b></p> <p>Know the challenges of residents and fellows face in this new millennium</p> <p>Create learning strategies to bridge generations for teachers and learners in pediatrics</p>	<p><b>Workshop: Social Mobilization from scratch: From Idea to Implementation</b> Patrick Gerard Moral, MD</p>
11:00 – 11:30 AM	<b>OPEN FORUM</b>				
11:30 AM	<b>CLOSING REMARKS</b>				

**Day 1**  
**May 14, 2023**  
**PRE-CONVENTION**

<b>Day 2</b> <b>May 15, 2023</b>	<b>Day 3</b> <b>May 16, 2023</b>	<b>Day 4</b> <b>May 17, 2023</b>
<b>DR. ALBERTO V. TUPAS</b> <b>MEMORIAL LECTURE</b>	<b>DR. FE DEL MUNDO</b> <b>MEMORIAL LECTURE</b>	<b>DR. PERLA D. SANTOS-OCAMPO</b> <b>MEMORIAL LECTURE</b>
Topic: Pediatric Research During the COVID-19 Pandemic	Topic: Challenges of the Next Generation Pediatrician: Enhancing Primary Care in Community Pediatrics	Topic: Pediatric Leadership and Governance: Setting Roadmaps in Pediatric Clinical Practice
Speaker: Felizardo N. Gatcheco, MD, MSc, FPPS FPSPGHAN	Speaker: Marthony P. Basco, MD, MPH, FPPS	Speaker: Juliet J. Balderas, MD, FPPS, MSPH, FPSPC

Plenary Lecture 1	Plenary Lecture 3	Plenary Lecture 5
<p>Topic: CALL TO ACTION: Getting Back on Track with Childhood TB</p>	<p>Topic: Children of the Philippines: A Situation Analysis</p>	<p>Topic: Future Proofing the Pediatrician in an Ever-Changing World</p>
<p>Objectives:</p> <p>At the end of the session, the participant is able to:</p> <ol style="list-style-type: none"> <li>1. Recognize the disruptive effect of the pandemic on the established programs addressing childhood tuberculosis</li> <li>2. Scale up TB management programs in resource limited settings</li> </ol>	<p>Objectives:</p> <p>At the end of the session, the participant is able to:</p> <ol style="list-style-type: none"> <li>1. To compare the current status of children globally, regionally and locally in terms of: <ol style="list-style-type: none"> <li>a. Health promotion, protection and care</li> <li>b. Mental health and social issues</li> <li>c. Education</li> </ol> </li> <li>2. To advocate for children's rights across all sectors in the Philippines</li> </ol>	<p>Objectives:</p> <p>At the end of the session, the participant is able to:</p> <ol style="list-style-type: none"> <li>1. Characterize the competent pediatrician who is able to adapt to the future (5-star pediatrician)</li> <li>2. Recognize the value of modern technology in enhancing digital pediatric healthcare</li> </ol>
<p>Speaker: Josefina Cadorna-Carlos, MD</p>	<p>Speaker: Bernadette J. Madrid, MD</p>	<p>Speaker: Fr. Johnny C. Go, SJ</p>
Plenary Lecture 2	Plenary Lecture 4	Plenary Lecture 6
<p>Topic: The IQ and Stunting Connection: Breaking the Cycle</p>	<p>Topic: The First 270 days...Strengthening Fetal Outcomes</p>	<p>Topic: Outbreaks beyond the horizon: The One Health Approach</p>

<p><b>Objectives:</b></p> <p>At the end of the session, the participant is able to:</p> <ol style="list-style-type: none"> <li>1. To evaluate the effect of malnutrition on the overall growth and development of the child</li> <li>2. Formulate actionable steps to address malnutrition</li> </ol>	<p><b>Objectives:</b></p> <p>At the end of the session, the participant is able to:</p> <ol style="list-style-type: none"> <li>1. To discuss the impact of maternal well-being on child development</li> <li>2. To identify quality care for pregnant women, the fetus and newborns.</li> </ol>	<p><b>Objectives:</b></p> <p>At the end of the session, the participant is able to:</p> <ol style="list-style-type: none"> <li>1. To address the interplay of human-animal-environment interface as a shared threat in global health.</li> <li>2. To discuss emerging outbreaks through the pathogenesis of zoonotic diseases and antibiotic resistance</li> </ol>
<p><b>Speaker:</b> Linda S. Adair, PhD</p>	<p><b>Speaker:</b> Raul M. Quillamor, MD</p>	<p><b>Speaker:</b> Charissa Borja-Tabora, MD</p>

## TRACKS ON DEMAND

<b>Day 1 MAY 15, 2023</b>	<b>Day 2 MAY 16, 2023</b>
<b>Nutrition Pearls: Guidelines to Healthy Eating</b>	<b>Pharmacotherapeutics: A Refresher Course for the Pediatrician</b>
<b>The Golden Period in Pediatric Emergencies</b>	<b>Tracking the Trends in Pediatrics</b>
<b>COVID-19: The Saga Unfolds</b>	<b>Life Beyond the Pandemic: From Coping to Making Progress</b>
<b>Commonly Missed Pediatric Diagnosis in Clinical Practice Part 1</b>	<b>Commonly Missed Pediatric Diagnosis in Clinical Practice Part 2</b>
<b>Revisiting Ethical Aspects of Pediatric Practice</b>	<b>Sleep 101: Good Sleep for Good Health</b>
<b>Periodic Preventive Health Visits: A More Appropriate Approach to Delivering Services</b>	<b>Environmental Exposures and its Impact on Health</b>
<b>Meeting of the Minds: Evolving Strategies</b>	<b>Strengthening the Commitments to Child Survival</b>

# TRACKS ON DEMAND

## Day 1 (May 15, 2023)

### TRACK 1 NUTRITION PEARLS: GUIDELINES TO HEALTHY EATING

**Objectives:** This track will provide an overview of the nutritional status of children specifically affected by the pandemic. It will likewise give an up-to-date, scientifically sound nutrition guidance for children and adolescents. It will help will help the pediatrician navigate and guide patients for optimal nutrition.

#### **Track 1.1 Nutrition in the Midst of the Pandemic: The FNRI Situationer**

**Objectives:**

Discuss the current situation of malnutrition in the country

Discuss policies and proposed strategies to address the problem of malnutrition

Discuss food security, coping mechanisms and nutrition services availed during the Covid-19 pandemic.

**Speaker:** Mario V. Capanzana, PhD

#### **Track 1.2 That Perfect Recipe for the Under 5**

**Objectives:**

Discuss the principles of basic nutrition

Discuss best practices on achieving a well-balanced diet

**Speaker:** Grace R. Battad, MD

#### **Track 1.3 Mind over Food: The Psychology of Feeding and Eating**

**Objectives:**

Discuss the role of parental food habits and feeding strategies that determine a child's eating behavior and food preferences

Enumerate the effects of nutrition on mood and behavior

**Speaker:** Annelyn Fatima M. Lopez, MD

#### **Track 1.4 The Appeal of Junk Food vs. Healthy Alternatives**

**Objectives:**

Discuss the role of JUNC (Junkfoods, Ultraprocessed foods, nutritionally inappropriate foods, Caffeinated/colored/carbonated foods/beverages, sugar sweet beverages) on obesity

Discuss the appeal of junk foods and how to provide healthy alternatives done at home

**Speaker:** Jossie M. Rogacion, MD

#### **Track 1.5 Consequences of Low Birth Weight in Childhood and Adulthood**

**Objectives:**

**To discuss the birth outcomes of low birth weight and SGA and early life stunting to adult body composition and blood pressure, comparing outcomes measured at age 21 and 35 to address persistence or worsening of effects.**

**Speaker:** Linda Adair, PhD

### TRACK 2 THE GOLDEN PERIOD IN PEDIATRIC EMERGENCIES

**Objectives:** Pediatric emergencies are one of the leading concerns. This session will help the pediatrician understand how to address pediatric emergencies specifically neonatal emergencies, submersion injuries and burns.

Protection against sports injury can be realized through understanding of biomechanics of injury. The expert will discuss mechanics of sports injury for improved decision making and safe return to activity.

**Track 2.1 Neonatal Emergencies: T.H.E. M.I.S.F.I.T.S.**

**Objectives:**

Recognize the most common neonatal emergencies that may present to the general pediatricians in their hospital or private clinics as well as the ER to include trauma, heart disease and hypovolemia, endocrine, metabolic, inborn errors of metabolism, sepsis, fluids, intestinal catastrophes, toxins and seizures

**Speaker:** Maria Theresa G. Cacas, MD

**Track 2.2 Submersion Injuries: Diving into the Depth**

**Objectives:**

Provide concrete guidance for submersion injury prevention and management

**Speaker:** Alexis D. Milan, MD

**Track 2.3 Playing it Safe: Approach to the Management of Common Athletic Injuries**

**Objectives:**

Recognize sports injury, when to refer and make prevention plans

**Speaker:** Nesti James B. Panopio, MD

**Track 2.4 The Hot Zone: Handling the Hazards of Fire**

**Objectives:**

Discuss childhood burns, how to prevent and manage them

Present initial management prior to referral to a specialist

**Speaker:** Jose Joven V. Cruz, MD

**TRACK 3 COVID-19: THE SAGA UNFOLDS**

**Objectives:** This session will address the current footing of covid-19, as well as the future landscape of this infection, in consideration with vaccines. An emerging sequelae will likewise be discussed.

**Track 3.1 Current Trends in COVID-19 Infection**

**Objectives:**

Understand the changing epidemiology of COVID-19 including the variants

Discuss reinfection and its frequency, timing and severity

**Speaker:** Roentgene M. Solante, MD

**Track 3.2 Guideline Alert: Is the Living CPG still on point?**

**Objectives:**

Discuss the updated recommendations for the treatment of COVID-19 infection in children

**Speaker:** Beatriz P. Quiambao, MD

**Track 3.3 Covid-19 Neurologic Sequelae: A Case-Based Approach**

**Objectives:**

Describe the neurologic sequelae of COVID-19 infection and its pathophysiology

Devise strategies to minimize the long-term neurologic effects

**Speaker:** Ruth G. Valeriano, MD

### **Track 3.4 Future of COVID-19 vaccines**

#### **Objectives:**

Recognize the newer COVID vaccines and how they differ from those currently available

Discuss the current recommendations for COVID booster in children

**Speaker:** Anna Lisa T. Ong-Lim, MD

## **TRACK 4 COMMONLY MISSED PEDIATRIC DIAGNOSIS IN CLINICAL PRACTICE PART 1**

**Objectives:** Pediatricians frequently see children with medical conditions that may evolve into something else. Assessment of children is sometimes difficult as the signs and symptoms might be subtle. This session will focus on mimics of common systemic diseases frequently missed in clinical practice specifically cardiac, rheumatologic, endocrine and hematologic conditions.

### **Track 4.1 The Silent Hearts**

#### **Objectives:**

Present the commonly missed critical cardiac problem

Enable pediatricians to diagnose the silent CHD

Select the appropriate diagnostic test to request to facilitate early referral

**Speaker:** Ninfa J. Villanueva, MD

### **Track 4.2 When the Joint Pains Mean More**

#### **Objectives:**

Determine systemic illness associated with joint pains

Identify red flag signs associated with joint pains

Delineate diagnostic tests that will help identify problematic joint pains

**Speaker:** Christine B. Bernal, MD

### **Track 4.3 DKA: Its Critical Early Recognition**

#### **Objectives:**

Determine early signs of DKA

Present diagnostic test to aid in early detection

Present the sequelae of a missed diagnosis

Give an update on the recent Innovations for Better Control of DM in Children and Adolescent

**Speaker:** Eleonor C. Du, MD

### **Track 4.4 Unexplained Anemia: When Iron Is Not the Answer**

#### **Objectives:**

Determine the early recognition of hemoglobinopathies

Differentiate the common causes of anemia

**Speaker:** Godfrey Chi Fung, MD

## **TRACK 5 REVISITING ETHICAL ASPECTS OF PEDIATRIC PRACTICE**

**Objectives:** Clinical problems with ethical implications pose an ever-increasing dilemma in everyday pediatric practice. This session will provide a review of some of the general principles that guide medical ethical problems. An additional session on ethics in the use of technology will provide guidelines to empower the next generation pediatricians.

**Track 5.1 Newborns in crisis: Moral Distress in Pediatrics****Objectives:**

Review existing guidelines relating to the treatment and resuscitation of newborns

Identify and describe some of the major ethical questions common to these setting

- a. quality of life considerations
- b. allocation of limited resources
- c. conflicting cultural norms and values

Provide recommendations to guide ethical decision-making around resuscitation of newborns and withdrawal of treatment

**Speaker:** Charito D. Corpuz, MD

**Track 5.2 Delimiting Palliative Care and Symptom Relief in Pediatrics: A Panel Discussion****Objectives:**

Describe the medical and moral

necessity of making palliative care and pain relief accessible to all pediatric patients with life-limiting conditions

**Speakers:** Frank C. Nacario, MD

Xiohara E. Gentic, MD

**Track 5.3 When cure is no longer an option: Getting started in advanced care planning****Objectives:**

Present key concepts and definitions associated with advanced directives such as comfort care

Discuss challenges related to implementation of ADs with a child or adolescent

Explore options for hospice care

**Speaker:** Regina D. Tiongson, MD

**Track 5.4 Ethics in the Digital World: Protecting future generations****Objectives:**

Explore ethical issues on the use of new technologies - social media, touch screens, cloud storage systems, and artificial intelligence among children

Recommend ethical guidelines in the use of digital technologies in children to protect and empower the next generation

**Speaker:** Patrick Gerard L. Moral, MD

**TRACK 6 PERIODIC PREVENTIVE HEALTH VISITS: A MORE APPROPRIATE APPROACH TO DELIVERING SERVICES**

**Objectives:** This session will delve into resources and tools for all pediatricians who want to learn more about preventive and promotive aspects of child health. The what, when and how of anticipatory guidance will be discussed with a special interest in the area of adolescent sexual and reproductive health assessment.

**Track 6.1 Routine Health Screening: Early to detect, Early to protect****Objectives:**

Elaborate on the impact of the pandemic on screening among newborn and under 5 years

Explain the nature of the screening test in terms of indication, crucial age for performance, outcomes noted and their significance in maintaining wellness

**Speaker:** Ma. Cecilia D. Alinea, MD

**Track 6.2 Making the most of a well-child visit: The must ask, examine and screen**

**Objectives:**

Underscore the importance and impact of relevant and responsive health care supervision visits from childhood to adolescence

Discuss the current recommendations on preventive care in routine well visits according to age, anticipated needs and physical findings

**Speaker:** Edward M. Santos, MD

**Track 6.3 Minimizing the Menace of Exposures in Children: The Use of Timely Screening Tools and Procedures**

**Objectives:**

Identify common substances in the indoor and outdoor environment that pose a risk to developing health disorders in children

Discuss current health recommendations and various screening tools and procedures that effectively detect dangerous levels to prevent the occurrence of disease

**Speaker:** Tisha Ysabel B. Torres-Briola, MD

**Track 6.4 Sexual and Reproductive Health Assessment for Adolescents: A Panel Discussion**

**Objectives:**

Re-examine the epidemiology of common conditions regarding sexual and reproductive health of children and adolescents

Discuss the evidence-based strategies for prevention of teenage pregnancy and sexually transmitted diseases in the pediatric age group

**Speakers:** Ryan B. Capitulo, MD

Moises de Guzman, MD

**TRACK 7 MEETING OF THE MINDS & SOUL: EVOLVING STRATEGIES FOR THE PEDIATRICIAN**

**Objectives:** Effective operation of pediatric practice has become increasingly complicated, especially being underscored by the emergence of the covid-19 pandemic. This session will help pediatricians navigate office practice with attention to telemed, legal aspects, and personal development through a scorecard. A special discussion on spirituality and the practice of healing is likewise included.

**Track 7.1 Spirituality in Pediatrics: Intersecting Worlds of Healing**

**Objectives:**

**Speaker:** Fr. Francis B. Lucas

**Track 7.2 Hybrid medical practice: convenience without the compromise**

**Objectives:**

Describe the examples of hybrid medical practice

Discuss the workflow needed for a successful hybrid medical practice

**Speaker:** Jacqueline O. Navarro, MD

**Track 7.3 Crafting your Personal Balanced Scorecard or Raising the standards of Leadership and Performance of Pediatricians**

**Objectives:**

Recognize the importance and utility of a personal balanced scorecard.

Create a personalized scorecard that will help the pediatrician to maintain critical focus on their priorities.

**Speaker:** Christian Peter Emmanuel P. Zaens

### **Track 7.4 Protecting the Pediatrician: Medicolegal Aspects in Clinical Practice**

#### **Objectives:**

Recognize areas of pediatric clinical practice at risk for medical malpractice

Adopt a risk-management mindset to avert malpractice claims and liability

**Speaker:** Antonio Alejandro D. Reboza, MD, Lib, BS Crim

## **Day 2 (May 16, 2023)**

### **TRACK 8 PHARMACOTHERAPEUTICS: A REFRESHER COURSE FOR THE PEDIATRICIAN**

**Objectives:** It is important for the pediatrician to develop an understanding of and comfort with medications. This session will focus specifically on the use of common medications for common respiratory and dermatologic conditions. A primer on pediatric drug therapy as well as OPD antibiotic use will likewise be reviewed.

#### **Track 8.1 Essentials in Pediatric Drug Therapy**

##### **Objectives:**

Discuss the ongoing maturation & development in pediatric patients & their effect on a drug's absorption, distribution, metabolism and excretion.

Present the short and long-term effects that a drug will have on a pediatric patient's growth and development.

**Speaker:** Nerissa M. Dando, MD

#### **Track 8.2 Use and Misuse of Cough and Colds Preparations**

##### **Objectives:**

Present the appropriate indications of different cough and colds preparation.

**Speaker:** Mariannebelle P. Tablante, MD

#### **Track 8.3 Rational Use of Topicals for Common Dermatologic Conditions**

##### **Objectives:**

Discuss the principles & guidelines in choosing the right topicals for common dermatologic conditions.

**Speaker:** Cindy Jao-Tan, MD

#### **Track 8.4 Metrics for Antibiotic Prescription in the Outpatient Setting**

##### **Objectives:**

Rationalize antibiotic use and prevent unwanted consequences of antibiotic overuse in the outpatient setting.

**Speaker:** Dennis S. Flores, MD

### **TRACK 9 TRACKING THE TRENDS IN PEDIATRICS**

**Objectives:** It is important for pediatricians to understand how to read and critique new research studies as well as management guidelines and apply appropriately to their practice. This session will provide a review of latest guideline and statement consensus. A listing of the more important pediatric publications will also be presented.

**Track 9.1 What's the latest in Pediatric Asthma Guidelines? Local and Global Perspectives****Objectives:**

Recall the basic tenets of pediatric asthma management and prevention

Discuss the latest management guidelines from both global and local perspectives

**Speaker:** Ma. Victoria J. Cabahug, MD

**Track 9.2 WHO Guidelines on Care of Low Birth Weight**

Underscore the importance of providing adequate care of the low birth weight infant and its impact on quality of life

Discuss the current WHO guidelines and how they can effectively prevent further morbidity and mortality

**Speaker:** Joseph Aldric S. Gaspar, MD

**Track 9.3 Top 10 Countdown: Most Resonated Pediatric Articles for 2022-2023****Objectives:**

List down the most impactful and frequently referenced articles on pediatrics in 2022-2023 and the purpose on why they are chosen

**Speaker:** Felizardo N. Gatcheco, MD

**Track 9.4 Septic Shock Consensus Guidelines****Objectives:**

Review the definition of septic shock and its epidemiology

Discuss the current evidence-based consensus guidelines on its diagnosis and management

**Speaker:** Ronald V. Limchiu, MD

**TRACK 10 LIFE BEYOND THE PANDEMIC: FROM COPING TO MAKING PROGRESS**

**Objectives:** This session will discuss how to help the pediatricians address patients and families recover from the covid-19 pandemic particularly travel, school return, return to sports, with special focus on adolescents.

**Track 10.1 Child-Proofing Travel: Tips, Hacks and Recommendations****Objectives:**

Update health care workers on what vaccines or prophylaxis are needed when traveling to specific places.

Ensure a plan is in place in the event that the child is injured or suffers from another health condition when away from home.

Learn what precautions to advise parents when children travel by land, air or water.

**Speaker:** Gyneth Lourdes G. Bibera, MD

**Track 10.2 School Closure to Recovery: Reforming the Diagnostic Criteria for Learning and Developmental Disorders****Objectives:**

Reviewing the impact of school closures and remote learning in delaying the diagnosis of learning and developmental disorders

Identify the early signs of learning and developmental disorders in school-age children for timely referrals to specialists

**Speaker:** Ermenilda L. Avendaño, MD

**Track 10.3 The Return of the Post Covid Athlete: Safeguards and Sound Practices in Sport**

**Objectives:**

Algorithm for evaluation and monitoring of pediatric patients following COVID-19 infection

Discuss the recommendations for safe return to sports after COVID-19 infection

**Speaker:** Barbie Catherine R. Causpin, MD

**Track 10.4 YAFS5 The Pandemic Diversions of Adolescents**

**Objectives:**

Recognize the factors that have impacted on the changing social behavior of adolescents during the pandemic.

**Speaker:** Maria Midea M. Kabamalan, PhD

**TRACK 11 COMMONLY MISSED PEDIATRIC DIAGNOSIS IN CLINICAL PRACTICE PART 2**

**Objectives:** We could not get enough of the first part that a second session focusing on metabolic, renal, neurologic and neonatal disorders.

**Track 11.1 Potentially Fatal Genetic and Metabolic Conditions**

**Objectives:** Determine potentially fatal genetic and metabolic childhood

**Speaker:** Joy Y. Lee, MD

**Track 11.2 Renal Misfits**

**Objectives:**

Explain the common pitfalls in the diagnosis of UTI

Compare and contrast cases that will aid in differentiating the causes of edema

**Speaker:** Sonia B. Gonzales MD

**Track 11.3 Headache: When to worry? What to do? How to Treat?**

**Objectives:**

Determine the different causes of headache

Discuss the red flag signs of when to refer a headache

Determine when diagnostic imaging is warranted

**Speaker:** Martha Lu-Bolanos, MD

**Track 11.4 The Crucial Zones of Neonatal Hyperbilirubinemia**

**Objectives:**

Present an algorithm in the diagnosis of jaundice in a breastfed newborn

Determine the management principles and to aid general pediatricians on when to refer to subspecialist

**Speaker:** Ma. Lourdes C. Martinez, MD

**TRACK 12 SLEEP 101: GOOD SLEEP FOR GOOD HEALTH**

**Objectives:** Sleep is an essential part of a child's healthy routine. This session will address the impact of sleep disorder on child's health with regard to immunity and memory. It will likewise offer solutions to help pediatricians be advocates of sleep hygiene.

**Track 12.1 Sleeplessness: A Global Epidemic**

**Objectives:**

Understand the growing public health concern on sleep deprivation: its prevalence and recognition

Determine the functions of sleep and the factors affecting the quality of sleep-in children

**Speaker:** Mary Therese M. Leopando, MD

**Track 12.2 Sleep: A Key to Immunity****Objectives:**

Understand the relationship of sleep and immunity.  
Learn the immune related risks of sleep deprivation.

**Speaker:** Ruby N. Foronda, MD

**Track 12.3 Sleep, Learning and Memory****Objectives:**

Recognize the cognitive consequences of sleep deprivation in a child's learning and memory.  
Understand the behavioral consequences of sleep deprivation in a child's mental wellbeing.

**Speaker:** Bernadette C. Benetiz, MD

**Track 12.4 Healthy Sleep, Healthy Kids: A Guide to Sleep Hygiene****Objectives:**

Define sleep hygiene, its components and application.  
Understand the role of sleep hygiene in promoting public health

**Speaker:** Maria Felicidad A. Soto, MD

**TRACK 13 ENVIRONMENTAL EXPOSURES AND ITS IMPACT ON HEALTH**

**Objectives:** Environmental exposures can have important impacts on fetal, newborn and child's health, with potentially lasting consequences. This session will review these impacts as they apply to these life stages and provide an update on the latest scientific information on prevalent exposures.

**Track 13.1 Hidden Chemicals in Beauty Products: Impact on Fetus and Breastfeeding Infants****Objectives:**

Recognize the different chemicals present in different cosmetics and personal care products  
Explain the impact of aesthetic procedures and use of cosmetic products on growing fetus and breastfeeding infants

Provide ways to prevent exposures to children and pregnant women

**Speaker:** Ma. Victoria V. Torres, MD

**Track 13.2 The Dangers of E-Waste to Child's Health****Objectives:**

Explain the magnitude of the problem  
Identify the different hazardous byproducts of electronic wastes and their adverse effects on children's health

Discuss ways to reduce exposures to e-wastes

**Speaker:** Irma R. Makalinao, MD

**Track 13.3 Effect of Global Warming on Children's Health****Objectives:**

Discuss the impact of climate change on health  
Discuss measures to mitigate the effects of climate change  
Influence health professionals to advocate for the environment

**Speaker:** Renzo R. Guinto, MD

**Track 13.4 Vaping: Safer than smoking?****Objectives:**

Identify the different hazards of vaping and their effects on child health  
Enumerate measures to prevent the initiation of vaping in the youth.

**Speaker:** Imelda M. Mateo, MD

## **TRACK 14: Strengthening the Commitment to Child Survival**

**Objectives:** Ensuring a child's continued health is an advocacy. This session will discuss strategies to support child survival especially during their vulnerable periods in life. Focus will be given on breastfeeding, bullying, IMCI implementation and children with special needs.

### **Track 14.1 The Role of Education in Breastfeeding Success**

**Objectives:**

Discuss the significance of proper training in the implementation of breastfeeding from the health care provider to the mother/ family

Expound on the role of the various breastfeeding competencies in the initiation to maintenance of breastfeeding from the birthing place to the home

Appreciate the role of education in ensuring breastfeeding success

**Speaker:** Teresa Maria T. Ribaño, MD

### **Track 14.2 Empowering Children with Special Needs**

**Objectives:**

Review the current global and local state of children with special needs and the challenges they face

Discuss the programs, policies and rights of these children and how they can be protected and enabled by such provisions

Advocate for the empowerment of children with special needs through concrete steps in the home, school, community and society

**Speaker:** Josephine R. Bundoc, MD

### **Track 14.3 Key Challenges Affecting IMCI Implementation**

**Objectives:**

Recount the importance of IMCI in the prevention of illness and death in children less than 5 years of age

Outline the various challenges in the implementation of IMCI at present, and their corresponding solutions

**Speaker:** Mark Donald C. Reñosa, RN, MSN, MScIH, DNS

### **Track 14.4. Bullying and School-Related Gender-Based Violence**

**Objectives:**

Enumerate the different forms of bullying and school-related gender based violence

Discuss their impact on children and their families, and the sequelae that follow with persistent exposure

Elucidate on the general approach to managing these children and how to prevent the recurrence of such traumatic occurrences

**Speaker:** Marianne Naomi Navarro-Poca, MD

## **TRACK 15: PPS INTER-HOSPITAL RESEARCH CONTEST**