



8th PPS-UPEC FORUM
April 8, 2024
4:30 – 6:30 PM
PICC Banquet Hall



THE ORIGINAL UPEC COMMITTEE, 2000-2002

Chair

PERLA D. SANTOS OCAMPO, MD

Co-Chair

ESPERANZA F. RIVERA, MD

Members

RAMON L. ARCADIO, MD (President, APMC)

ELVIRA M. ABREU, MD (MCU-FDTMF)

CARMELO A. ALFILER, MD (UP)

REYNALDO B. DE VEGA, MD (FEU-NRMF)

MIGUEL L. NOCHE, JR, MD (UST)

JOSEFINA C. RESURRECCION, MD (UERMMMMC)



PPS-UPEC Committee, 2022-2024

Chair

CARMELO A. ALFILER, MD

Co-Chairs

MA. CECILIA D. ALINEA, MD, MHPed

LORNA R. ABAD, MD, MSc

Members

NAOMI S. NOCHESEDA, MD (FEU-NRMF)

EDORNIE ELIZABETH V. GARCIA, MD (MCU-FDTMF)

CYNTHIA ROSARIO C. CASTRO, MD (UERMMMC)

MARISSA B. LUKBAN, MD (UP)

WILFREDO R. SANTOS, MD (UST)

(Under Council on Continuing Professional Development)



From Year 2000 **PPS-UPEC COMMITTEE:** **Function and Action Plans**

- **Function:**
To develop innovative and sustainable programs that will enhance the teaching and practice of Pediatrics in the undergraduate years ensuring a strong foundation in knowledge and clinical skills for the future general practitioner and pediatric specialist/subspecialist



PPS-UPEC COMMITTEE

- **Action Plans:**

1. To produce a **core syllabus** in undergraduate Pediatrics
2. To introduce **guidelines** in the teaching and practice of Pediatrics in medical schools relevant to the Philippine setting
3. To study other **strategies/mechanisms by which Philippine Pediatrics can be promoted** in a proactive manner as early as in the undergraduate years
4. To **monitor and evaluate** periodically the effectiveness and relevance of the above activities

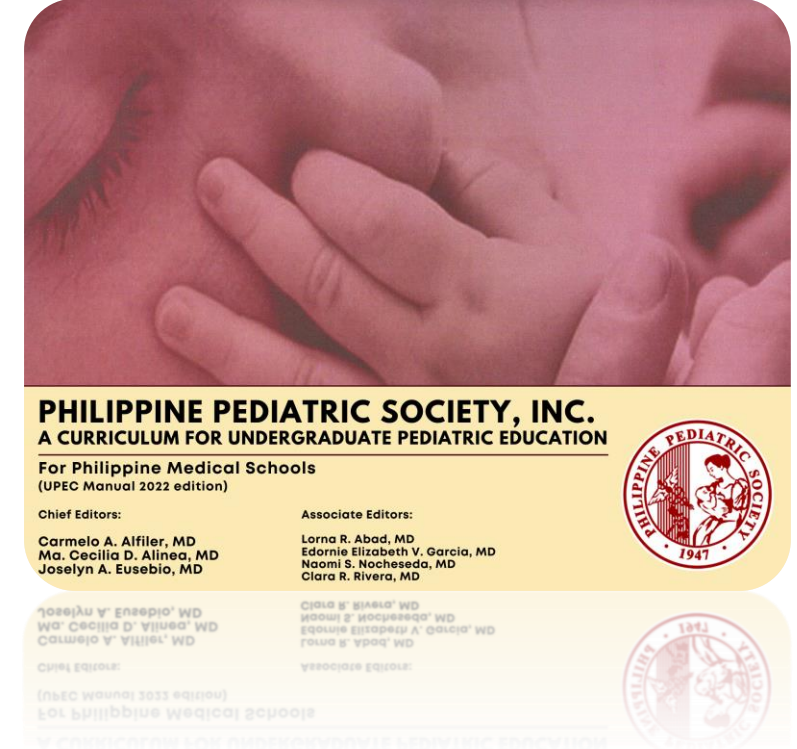
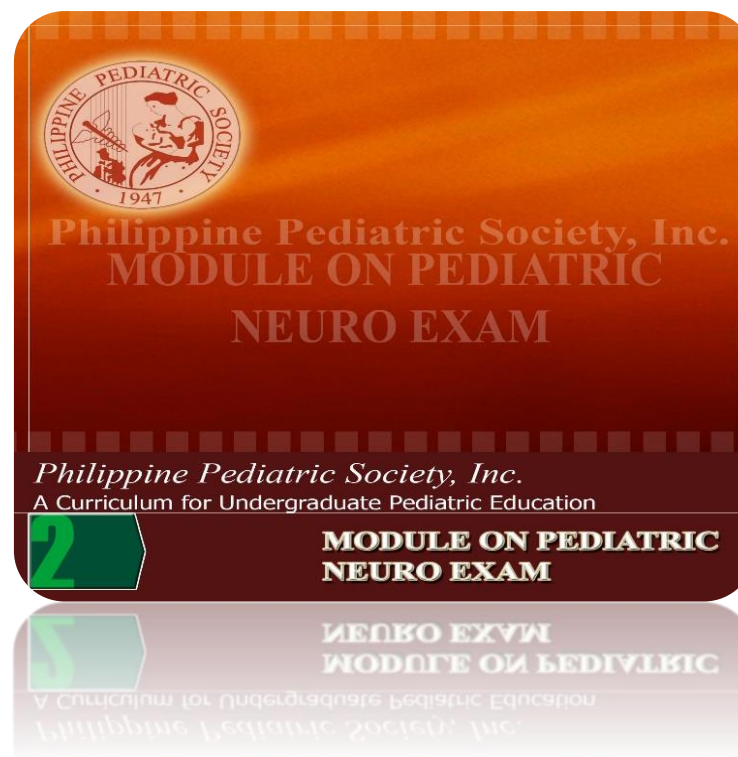
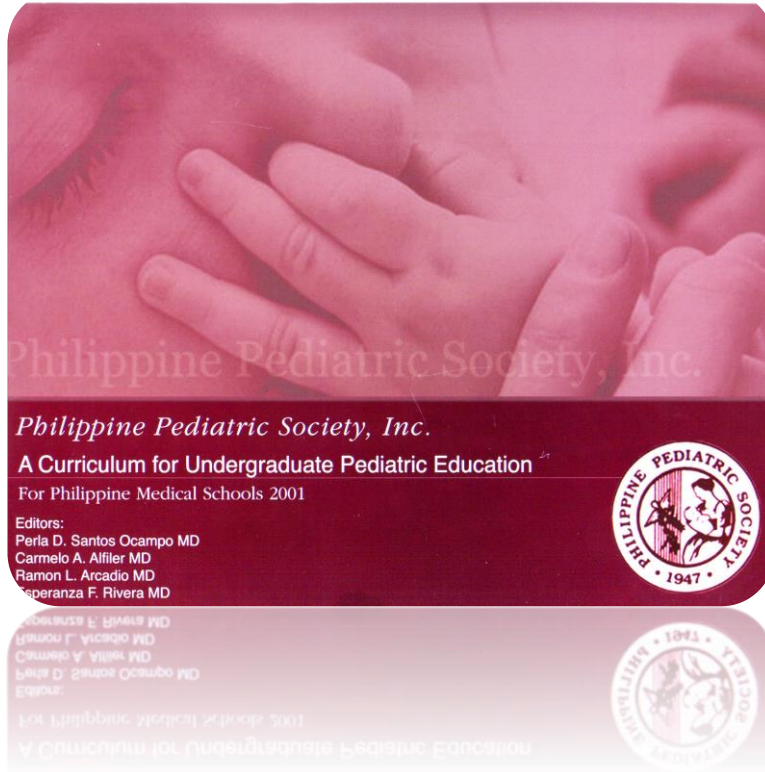


Activities, 2000 - 2024

- First PPS-UPEC Manual, 2001; Expanded e-Copy, 2009
- Multiple seminar-workshops with medical schools
- e-UPEC Manual, 2013
- Teaching CD modules: Breastfeeding, Pediatric Neuro Exam, Human Development, Nutrition/Nutritional Disorders, Art of History Taking, Fever & Skin Rashes, Interpretation of Urinalysis, Others in Pipeline
- Periodic Evaluation & Feedback
- 1st to 8th Q & A Fora, from 2015
- UPEC Manual, 2022 (Hard and soft copies)
- **Uploading Manual, Forum Lectures & Teaching CD Modules in PPS website (www.pps.org.ph)**



Samplers of Outputs



UNDERGRADUATE PEDIATRIC EDUCATION COMMITTEE

Chair	CARMELO A. ALFILER, MD
Co-Chairs	ESPERANZA F. RIVERA, MD RAMON L. ARCADIO, MD
Members	JOSELITO C. MATHEUS, MD ELIZABETH R. TELADO, MD MILAGROS S. BAUTISTA, MD CARMENCITA D. PADILLA, MD MELINDA M. ATIENZA, MD
Adviser	PERLA D. SANTOS OCAMPO, MD

PARTICIPANT SUB-SPECIALTY SOCIETIES & SECTIONS

Philippine Society of Newborn Medicine (PSNBm)
Philippine Society for Developmental and Behavioral Pediatrics (PSDBP)
Philippine Society of Pediatric Endocrinology and Metabolism (PSPME)
Philippine Society of Pediatric Gastroenterology and Nutrition (PSPGN)
Pediatric Nephrology Society of the Philippines (PNSP)
Society for Adolescent Medicine of the Philippines (SAMPD)
Section of Clinical Genetics

A Continuing Medical Education grant from:



Philippine Pediatric Society, Inc. (PPS)
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Website: <http://www.pps.org.ph>
E-mail: ppsinc1947@yahoo.com

MESSAGE

Since its start more than a decade ago, the Committee on Undergraduate Pediatric Education, under the PPS Council on Continuing Pediatric Education, had been working hard in updating and revising the pediatric curriculum for undergraduate pediatrics to be recommended as a guide and template. Over the years, many changes had occurred as to the content and methodology in teaching pediatrics to the undergraduates, some of whom will be future pediatric residents and eventually, teachers of pediatrics. Notable of these is the introduction of problem-based learning, far from the traditional lecture-memorization style of learning.

My congratulations and gratitude to the Committee chaired by one of our past PPS presidents, Dr. Carmelo Alfiler and to all department chairs and pediatrics faculty of all the medical schools in the country for making such endeavor a reality.

Genesis C. Rivera, M.D. FPPS
President, PPS

MESSAGE

In 2001, the Philippine Pediatric Society, Inc. (PPS) launched "A Curriculum for Pediatric Education for Philippine Medical Schools" in collaboration with the Association of Philippine Medical Colleges (APMC), Professional Regulation Commission (PRC), Department of Health (DOH), Commission on Higher Education (CHED), World Health Organization (WHO) and UNICEF. With Pharex HealthCorp's invaluable help, this publication was the initial core output of the PPS-Undergraduate Pediatric Education Committee (UPEC) which was tasked to develop innovative and sustainable programs to enhance the teaching and practice of Pediatrics in the undergraduate years.

The publication features instructional designs — competencies, contents, suggested teaching-learning activities and suggested evaluation techniques — in Pediatric Diagnosis and Procedures, Organ System Disorders, and Special Topics.

Over the ensuing 10 years, new information and new teaching-learning strategies have evolved requiring a revisit of the above instructional designs. The Committee prioritized those on "Growth & Development" and "Nutrition/Nutritional Disorders" as these are key pediatric topics that need to be taught and reinforced intensively in the classroom and in the clinics.

The Committee thanks the Board of Trustees, the Council on Continuing Pediatric Education, seven component PPS societies (Newborn Medicine, Developmental & Behavioral Pediatrics, Adolescent Medicine, Endocrinology & Metabolism, Gastroenterology & Nutrition, Genetics, and Nephrology), and representatives of APMC-accredited medical schools nationwide for their support and contribution to the fruitful workshops, the results of which are now made available in hard and e-copies.

We hope our teachers and learners in Pediatrics will continue what our Committee started.

A handwritten signature in dark ink, appearing to read 'C. Alfiler'.

CARMELO A. ALFILER, MD
Chair, PPS-UPEC Committee



Philippine Pediatric Society, Inc.

INNOVATIVE TEACHING STRATEGIES IN UNDERGRADUATE PEDIATRICS

- Growth and Development
- Nutrition/Nutritional Disorders
- Teaching CD on Breastfeeding Module
- Teaching CD on Pediatric NeuroExam Module

*Undergraduate Pediatric Education Committee (UPEC)
Addenda to the Manual on "A Curriculum for Undergraduate
Pediatric Education", expanded 2001 edition*



UPEC Committee Page, UPEC Manual 2022 edition, PPS website (<https://pps.org.ph/council-and-committees/council-on-continuing-professional-development/undergraduate-pediatric-education-curriculum-committee/>)

A Specialty Division of the Philippine Medical Association (PMA)

Member, ASEAN Pediatric Federation

(02) 8926-6758 / (02) 8926-6759

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Undergraduate Pediatric Education Curriculum Committee

Welcome to the PPS-Undergraduate Pediatric Education Curriculum Committee (UPECC) Page!

The PPS-UPECC was created in 2000 under the Council on Training and Continuing Pediatric Education (now the Council on Continuing Professional Development) during the presidency of Dr. Carmelo A. Alfiler. The inaugural committee was composed of Dr. Perla D. Santos Ocampo (chair), Dr. Esperanza F. Rivera (vice-chair), and the department chairs of the five original medical schools as members (Dr. Reynaldo B. de Vega of FEU-NRMF, Dr. Elvira M. Abreu of MCU-FDTMF, Dr. Josefina C. Resurreccion of UERMMMC, Dr. Carmelo A. Alfiler of UP-PGH, and Dr. Miguel L. Noche, Jr. of USTH). Dr. Ramon L. Arcadio, then president of the Association of Philippine Medical Colleges (APMC), was also appointed member of this committee.

The sole function of UPECC is to develop innovative and sustainable programs that will enhance the teaching and practice of Pediatrics in the undergraduate years ensuring strong foundation in knowledge and skills for the future general practitioner and pediatric specialist/subspecialist. This is PPS own way of helping medical schools inculcate the must-knows and must-dos of Philippine Pediatrics and prepare their graduates better for the medical boards and as future clinicians handling newborns, infants, children and adolescents.

UPEC Menus

- Home
- Innovative Teaching Strategies in Undergraduate Pediatrics
- Breastfeeding Module
- Pediatric NeuroExam Module
- e-UPEC Manual 2013
- e-UPEC Manual 2022 edition
- Human Development SGD Videomodule

Resurreccion of UERMMMC, Dr. Carmelo A. Alfiler of UP-PGH, and Dr. Miguel L. Noche, Jr. of USTH). Dr. Ramon L. Arcadio, then president of the Association of Philippine Medical Colleges (APMC), was also appointed member of this committee.

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Through time, UPECC has (1) produced several versions of a core syllabus (A Curriculum for Undergraduate Pediatric Education for Philippine Medical Schools, print edition in 2001, an edited e-copy in 2009, and the latest e-copy edition in 2013); (2) introduced guidelines in the teaching and practice of Pediatrics in medical schools relevant to the Philippine setting by way of seminars and workshops; (3) studied other strategies/mechanisms by which Philippine Pediatrics can be promoted in a proactive manner as early as in the undergraduate years (teaching CD modules in cooperation with PPS subspecialty societies and sections, Q&A fora with APMC-accredited medical schools pediatric department chairs during PPS annual conventions), and; (4) monitored and evaluated periodically the effectiveness and relevance of the above activities via feedbacks from sessions/fora participants, teachers and learners.

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Thank you very much for visiting this page regularly (not only as a major reference but also for future updates and downloadable materials).

CARMELO A. ALFILER, MD
Chair, PPS-UPECC, 2002-present
January 2019

Undergraduate Pediatrics
Breastfeeding Module
Pediatric NeuroExam Module
e-UPEC Manual 2013
e-UPEC Manual 2022 edition
Human Development SGD Videomodule
The Art of Pediatric History Taking
Rashes in Children Module
Urinalysis Module
UPEC Committee Members
PPS UPEC Forum Lecture Slides



Q & A Fora

- 1st Forum, April 21, 2015, “Core Pediatric Topics: Enhancing the Teaching-Learning Environment through Relevant and Effective Strategies and Evaluation Methods”
- 2nd Forum, April 5, 2016, “Facilitating Case-Based Discussions in Undergraduate Pediatrics”
- 3rd Forum, April 4, 2017, “Assessing Undergraduate Trainees’ Knowledge, Skills and Attitudes”
- 4th Forum, April 10, 2018, “Triangulation in OBE Assessment”
- 5th Forum, April 9, 2019, “ Learning in the 21st Century: Blended Strategies for Better Outcomes”
- 6th Forum (Virtual), June 24, 2021, “Virtual Core Competency Learning amidst the Pandemic: The Use of Telemedicine in Undergraduate Pediatrics”
- 7th Forum (Virtual), May 22, 2022, “How to Navigate the Revised UPEC Manual (2022 Edition): Tools that Bridge Classroom to Workplace Using the OBE Approach”



The 8th UPEC Forum

Topic: **“Designing a UHC-Relevant Primary
Pediatric Care Curriculum”**

Lecture: Ma. Cecilia D. Alinea, MD, MHPed

Reactors: Ramon L. Arcadio, MD, MHPed, DrHum
Maria Minerva P. Calimag, MD

