



# Philippine Medical Association

## PMA: CHANGING MINDSET IN CHARTING THE FUTURE

Member : World Medical Association (WMA)  
Co-Founder : Confederation of Medical Association in Asia and Oceania (CMAAO)  
Medical Association of Southeast Asian Nations (MASEAN)  
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### MEMORANDUM CIRCULAR NO. 2018-01-23-040

**TO :** ALL MEDICAL DIRECTORS, CHIEF OF CLINICS,  
CHAIR THE DIFFERENT TRAINING HOSPITALS  
  
PRESIDENTS OF COMPONENT SOCIETIES,  
SPECIALTY DIVISIONS, SPECIALTY AND AFFILIATE SOCIETIES

**FROM :** BENITO P. ATIENZA, M.D.  
PMA Secretary-General

**CC :** NATIONAL OFFICERS, BOARD OF GOVERNORS, FILE

**SUBJECT:** 24<sup>TH</sup> ANNUAL PMA RESIDENT'S RESEARCH COMPETITION  
(ANNOUNCEMENT II)

**DATE :** JANUARY 23, 2018

Dear Colleagues:

Warmest Greetings!

The 24<sup>th</sup> PMA Annual Resident's Research Competition will be held in conjunction with the forthcoming 111<sup>th</sup> PMA Annual Convention and Scientific Meetings on May 15, 2018 at the Philippine International Convention Center (PICC).

Aware of your deep involvement in the Continuing Professional Development of our younger colleagues in the profession, the Committee would appreciate your cooperation and support in this annual Resident's Research Competition.

The contest is open to all Resident Physicians in the following categories, including their respective subspecialties:

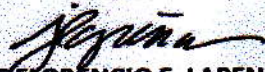
Anesthesia	Dermatology
Emergency Medicine	Family Community Medicine
Internal Medicine	Neurology
Obstetrics and Gynecology	Ophthalmology
Otolaryngology Head and Neck Surgery	Orthopedics
Pathology	Pediatrics
Psychiatry	Radiology
Rehabilitation Medicine	Surgery

In this regard, please be informed that the submission of entry for the 24<sup>th</sup> Annual PMA Resident's Research Competition is **EXTENDED** until **5 pm Friday, March 2, 2018**.

The rules and complete details of the contest are enclosed for your perusal.

Thank you very much.

Very truly yours,



**JOSE FLORENCIO F. LAPENA JR., M.A., MD**  
Chair, PMA Committee on Research, Education and Culture

Noted by:



**BENITO P. ATIENZA, MD**  
PMA Secretary-General



**IRINEO C. BERNARDO III, MD**  
PMA President



**PMA ANNUAL CONVENTION  
PMA RESEARCH COMPETITION  
RULES AND REGULATIONS**

**GENERAL RULES**

1. This contest is designed to stimulate and encourage Resident Physicians in different specialties to write, present and publish **original research, case reports, and scientific posters, the three main categories in this Research Competition.**
2. The contest is open to all **bonafide Resident Physicians** of all hospitals in the country who are active **members in good standing of the PMA.** A Resident Physician may only submit one entry in one category. In case of multiple authors, the Resident Physician must be the principal author. All entries must **NOT HAVE WON** any prize in any contest of the same nature, i.e. Inter-hospital or research contest in any society or convention. Entries previously submitted in a PMA Research Competition are automatically disqualified.
3. The contest is sponsored by the PMA. **Continuing Professional Development (CPD) units will be awarded to finalists and winners, judges, and physician attendees of the final oral scientific presentation.** The cash prizes for each category are:

	ORIGINAL RESEARCH	CASE REPORT	POSTER
First Place	P15,000	P7,000	P 3,000
Second Place	P12,000	P4,000	P2,000
Third Place	P 9,000	P2,000	P 1,000

4. These rules and regulations may be modified from time to time upon the recommendation of the Committee on Research, Education and Culture and approval of the PMA Board of Governors.
5. All entries automatically become the property of the PMA and cannot be published elsewhere without approval of the Board of Governors. Winning papers will be published in the PMA Journal following revision based on judges' reviews and final editing. Likewise, worthy non-winning papers may also be published in the PMA Journal upon acceptance by the editor, subject also to revisions based on judges' reviews and final editing. Posters may be considered for submission as full original papers, subject to peer review and editing.

**MECHANICS**

1. All entries must be submitted to the Chairman of the Committee on Research, Education and Culture – PMA Research Competition on or **before Friday March 2, 2018 at 5:00 PM:**

C/O MS. BABY PINGOL-GOROSPE  
PHILIPPINE MEDICAL ASSOCIATION  
SECRETARIAT  
PMA BUILDING, NORTH AVENUE, QUEZON CITY  
TEL. 9296366; 9262447; 9297361 TELEFAX: 9296951  
Email: [philmedas@yahoo.com](mailto:philmedas@yahoo.com)

2. Entries must be clearly labeled "ORIGINAL RESEARCH COMPETITION," "CASE REPORT COMPETITION" or "POSTER ABSTRACT" and submitted in **both hard original (PDF) versions and soft anonymized(PDF and WORD) copies,** according to the specifications listed below.



3. Entries for each category will be pre-judged according to the following criteria:

<b>ORIGINAL PAPERS</b>	
<b>ORIGINALITY&amp;SIGNIFICANCE OF STUDY</b>	<b>25%</b>
<b>INTRODUCTION AND OBJECTIVES</b>	<b>10%</b>
<b>MATERIALS AND METHODS</b>	<b>20%</b>
<b>RESULTS (INCLUDING TABLES, FIGURES)</b>	<b>20%</b>
<b>DISCUSSION, CONCLUSION, RECOMMENDATIONS</b>	<b>25%</b>

<b>CASE REPORTS</b>	
<b>ORIGINALITY &amp; SIGNIFICANCE OF CASE</b>	<b>25%</b>
<b>INTRODUCTION</b>	<b>10%</b>
<b>ACTUAL CASE REPORT (INCLUDING FIGURES)</b>	<b>25%</b>
<b>DISCUSSION (INCLUDING TABLES)</b>	<b>40%</b>

<b>POSTER ABSTRACTS</b>	
<b>ORIGINALITY &amp; SIGNIFICANCE OF STUDY</b>	<b>25%</b>
<b>INTRODUCTION AND OBJECTIVES</b>	<b>10%</b>
<b>MATERIALS AND METHODS</b>	<b>20%</b>
<b>RESULTS (INCLUDING TABLES, FIGURES)</b>	<b>20%</b>
<b>DISCUSSION, CONCLUSION, RECOMMENDATIONS</b>	<b>25%</b>

4. Only the top five (5) finalists for the original paper and case report categories, and top ten (10) finalists for the poster category will be chosen based on the above criteria. Pre-judging scores will be converted to seventy percent (70%) of the final score. The finalists will be notified by email and telephone (if possible) by the Chair of the Committee c/o Ms. Baby Pingol-Gorospe on or before **Friday, April 6, 2018**. Finalists must confirm their availability to present their papers orally during the actual paper presentations, or display their posters during the PMA Annual convention, within one week of notification (**April 13, 2018**).
5. Oral Presentations for finalists will be held, and posters displayed, during the PMA Annual Convention in **May 2018**. The oral and presentation will comprise 30% of the 100% and will be added to the pre-judging score of 70%. The criteria for the oral presentation are:

<b>ORIGINALITY &amp; SIGNIFICANCE OF STUDY</b>	<b>25%</b>
<b>CLARITY &amp; LOGICAL FLOW OF PRESENTATION</b>	<b>25%</b>
<b>VISUAL QUALITY OF SLIDES</b>	<b>20%</b>
<b>ORAL DELIVERY &amp; AUDIENCE IMPACT</b>	<b>20%</b>
<b>ANSWERS TO QUESTIONS</b>	<b>10%</b>

The criteria for the poster presentations are:

<b>ORIGINALITY &amp; SIGNIFICANCE OF STUDY</b>	<b>25%</b>
<b>CLARITY &amp; LOGICAL FLOW OF POSTER</b>	<b>25%</b>
<b>VISUAL QUALITY OF POSTER</b>	<b>25%</b>
<b>AUDIENCE IMPACT (POLL)</b>	<b>25%</b>

6. The order of oral presentation will be determined by drawing of lots one (1) hour before the actual start of the competition. Posters will be judged any time while they are on display, but, together with tallying of audience impact, will be ended by 5PM the day before the last convention day.
7. Oral presentations must be completed in eight (8) minutes, with five (5) minutes to answer questions. Each of the judges may ask one (1) question. A warning signal will be given at five (5) minutes. Points will be deducted for every minute or fraction of a minute overtime.
8. The decision of the Board of Judges on Presentation Day is FINAL.



## INSTRUCTIONS TO AUTHORS

1. All entries (original papers, case reports, poster abstracts) must be word-processed using Arial Font 12 on A4 size paper with 1-inch margins all around.
2. Two versions of the entry must be submitted; a **complete** PDF hard-copy version, and two **anonymized** soft copies in PDF and WORD versions, with NO IDENTIFYING DATA.
3. The **complete PDF HARD COPY** must contain the following:
  - a. TITLE PAGE – with Title, Full Names of Authors, Institutional Affiliation, Complete Mailing Address with Zip Code, Phone and Fax, and Email.
  - b. ABSTRACT AND KEYWORDS –300 words for Original Papers and Poster Abstracts, 250-words for Case Reports; MeSH Headings for Keywords (from NLM MeSH list).
  - c. INTRODUCTION – Maximum 3 paragraphs for Original Papers; Minimum 3 sentences for Case Reports; in either case, the last paragraph or sentence should contain the objectives of the paper.
  - d. MATERIALS AND METHODS (for ORIGINAL PAPERS) – Study Design, Population / Subjects and Sampling, Materials (listing applicable Models, Manufacturers and Locations) and Procedures, Statistical Analysis.
  - e. RESULTS (for ORIGINAL PAPERS) – Default is textual presentation; Figures and Tables may be used instead of text where they add clarity and conciseness.
  - f. CASE REPORT PROPER (for CASE REPORTS) – Default is textual narrative; Figures may be used for clarity and illustration.
  - g. DISCUSSION –A proper and logical discussion of the results (telling the reader what they mean) or of the case, vis-à-vis a review of the literature, ending in a summary / conclusion and recommendations.
  - h. REFERENCES – Vancouver (NLM PubMed) Style, listed and numbered chronologically in the order they are first cited in the text. Citations in the text must be indicated by Arabic numerals using superscripts.
4. The **ANONYMIZED PDF AND WORD ELECTRONIC COPIES** must contain all the above **EXCEPT** a. (TITLE PAGE). The TITLE should be placed immediately above the b. (ABSTRACT). **IN ADDITION, the identity of the author(s), their institution, or any identifying data should NOT BE MENTIONED anywhere in the paper.**
5. An **AUTHOR FORM** certifying that **ALL FOUR ICJME CRITERIA FOR AUTHORSHIP** <http://www.icmje.org/recommendations/browse/roles-and-responsibilities/defining-the-role-of-authors-and-contributors.html> have been met by each author, and that the submitted work is original, represents honest work, and has not been submitted elsewhere, **MUST BE SUBMITTED, SIGNED BY ALL AUTHORS, with the PDF HARD COPY.**

**FAILURE TO COMPLY WITH GUIDELINES, RULES AND REGULATIONS WILL MERIT AUTOMATIC DISQUALIFICATION OF THE PAPER SUBMITTED.**