# Learning in the 21st Century: Blending Strategies for Better Outcomes

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## Objectives

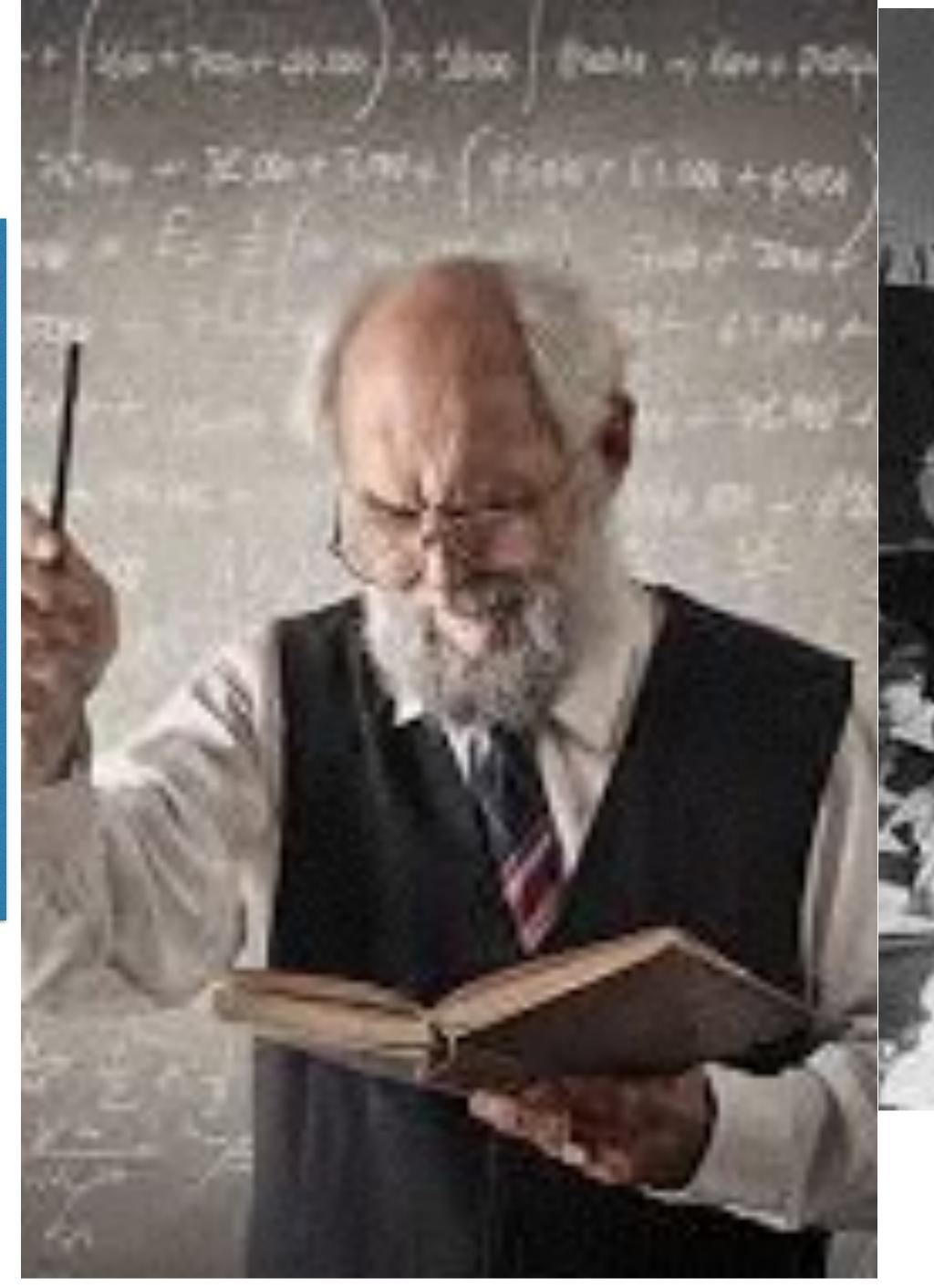
- Describe the learning milieu of 21st century learners
- Discuss the significance of outcome-based learning in utilising T-L strategies in the classroom and clinics
- Explain the principles of blended learning
- Enumerate models of blended learning that are feasible and doable for teachers of varied levels of digital competency





### Learning in the Past

Recollection Behaviorism





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### At Present

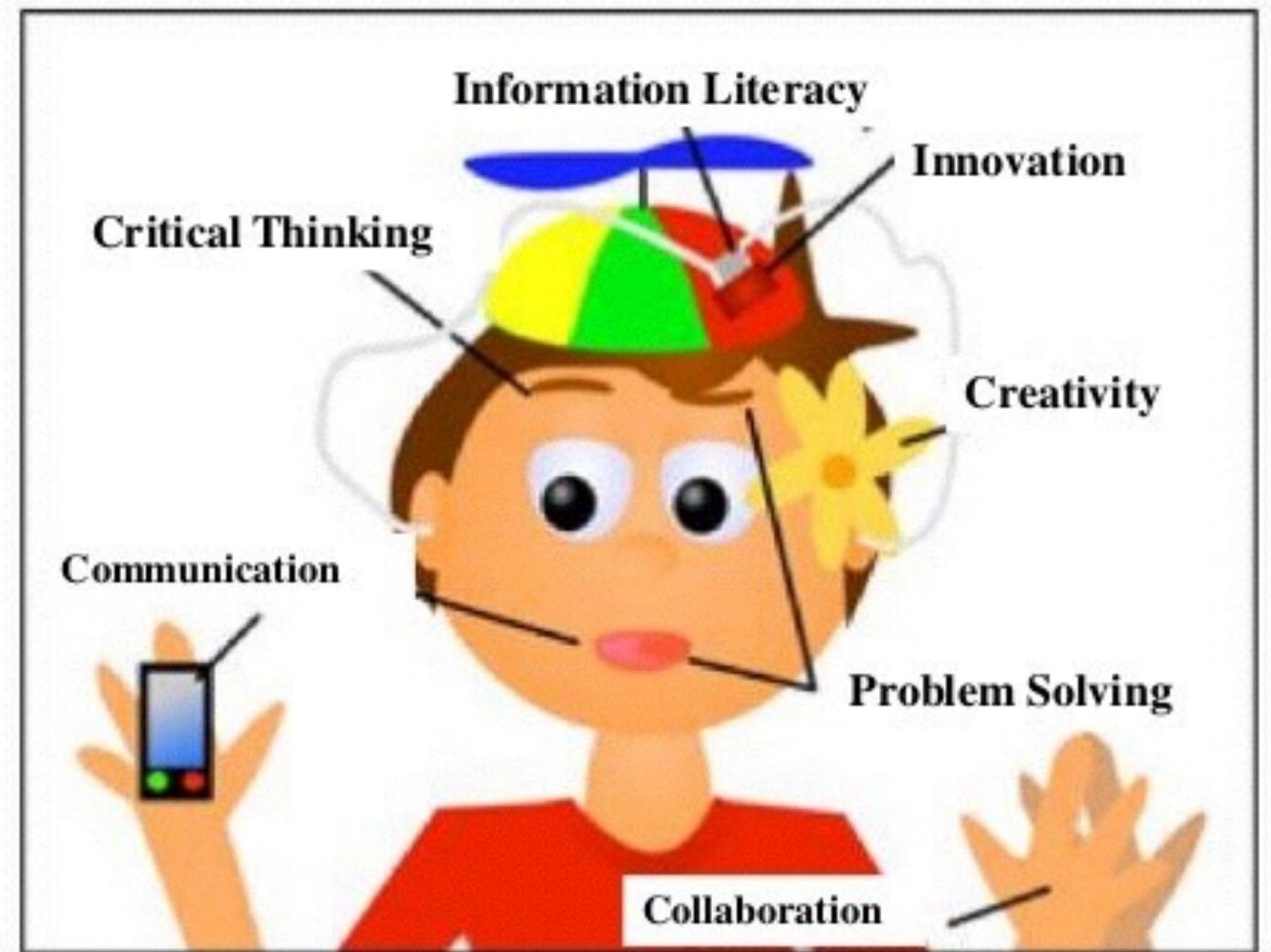
Collaboration Constructivism







### Today's Learners





Melinda Kolk, March 30, 2011 http://web.tech4learning.com/blog



## In the Future?







## T-L Strategies in Outcome-Based Education

OBE long term outcome: generic skills and attitudes



- Teacher, peer or self-
- Teacher, peer or selfmanaged

 Dependent on extent to which students take responsibility for their own learning

Cooperative learning

 Provide experiences learners will encounter in the real world (naturalistic setting)

STEPU

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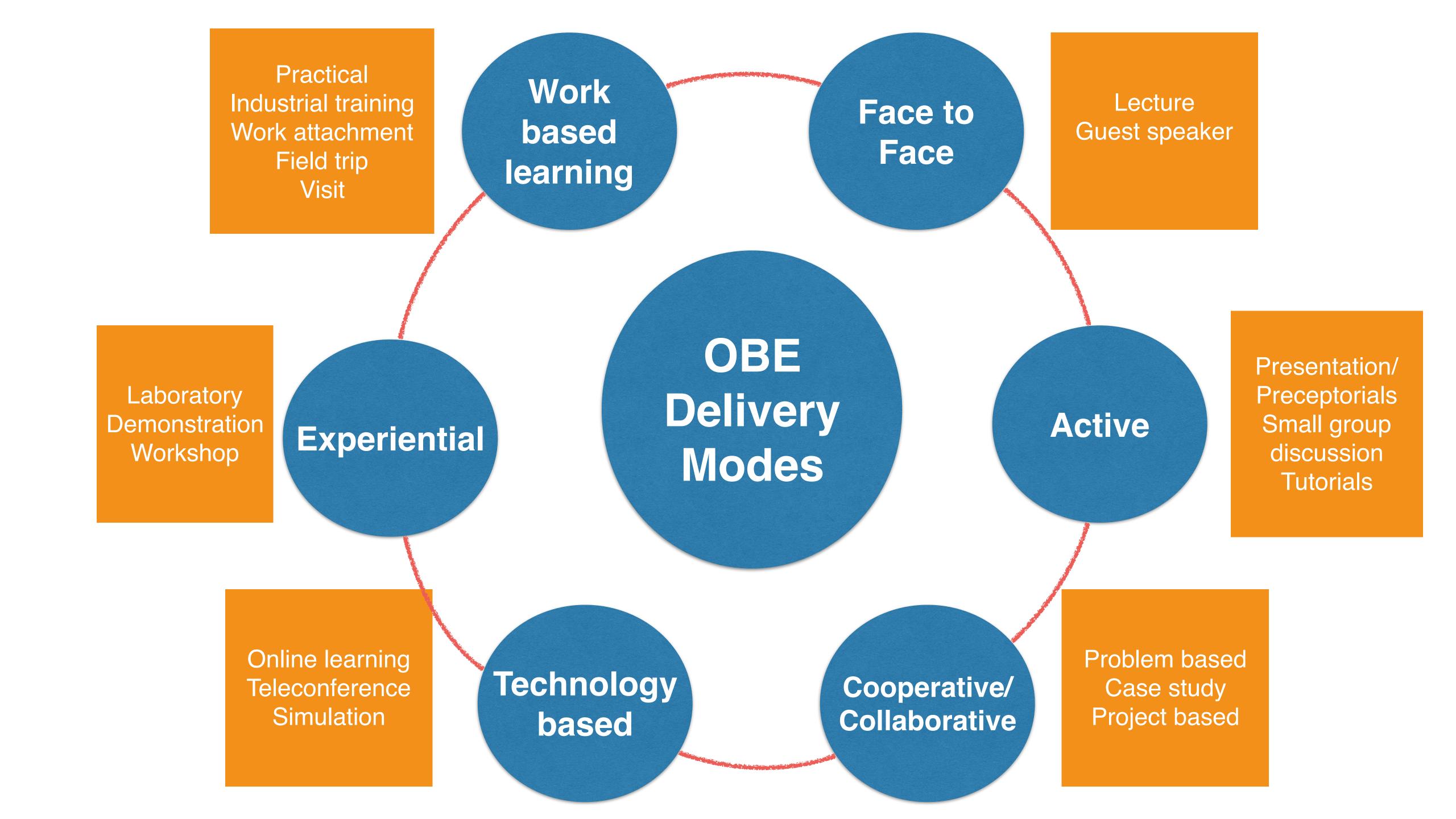
## Factors to Consider When Planning for Strategies to Use

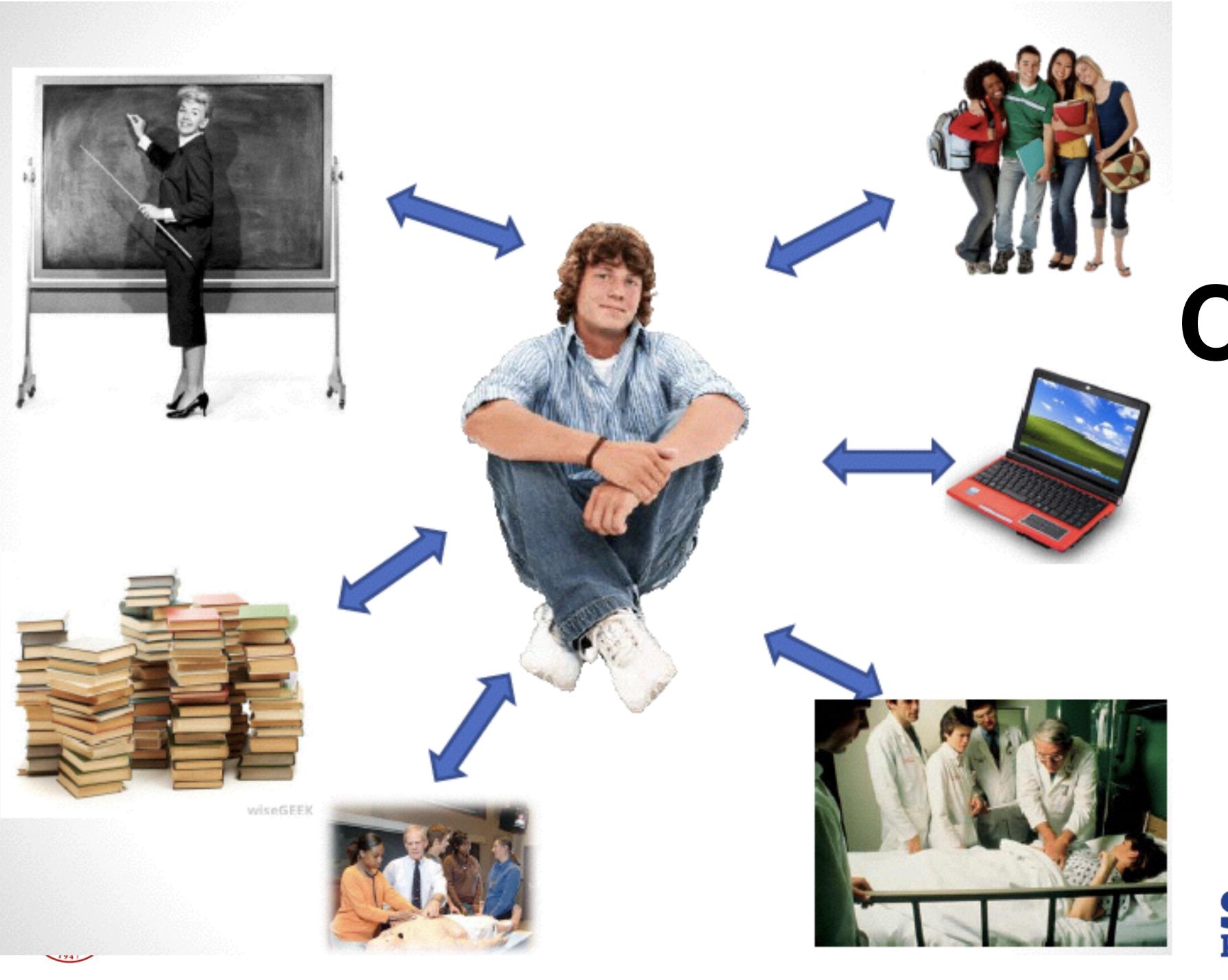
- Sound knowledge is based on interconnections
- Develop meta-cognitive skills through structured reflection
- Activities should actively involve/ engage students
- Incorporate explicitly stated study skills into learning
- Consider how information technology can support learning and teaching

STEPU

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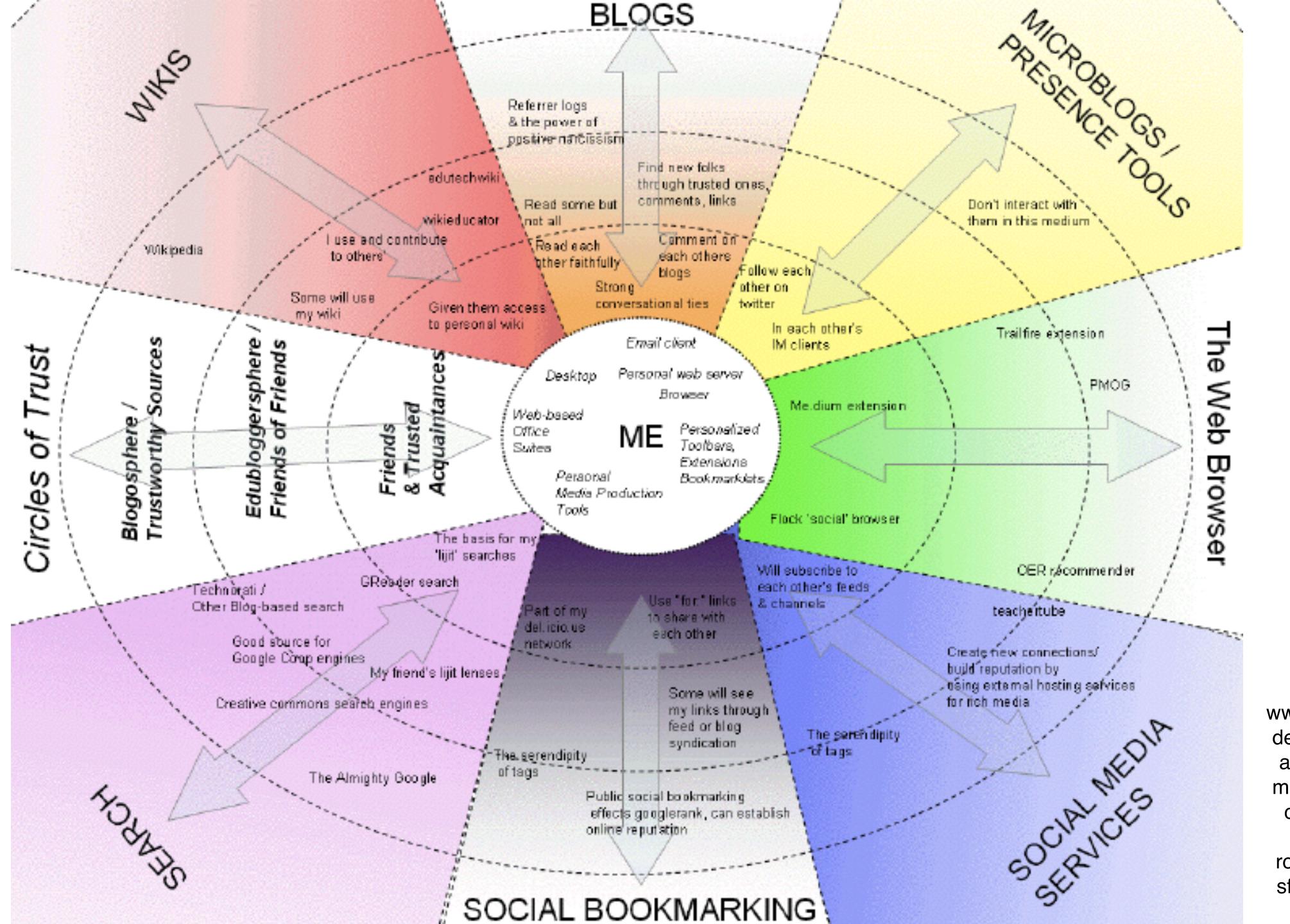


## Connected Learner

https://www.aacom.org/docs/defaultsource/2014-annual-conference/ maximizing-learning-opportunities-ina-blended-clinical-rotation-dkoch.pdf?sfvrsn=11547e97\_0







https://
www.aacom.org/docs/
default-source/2014annual-conference/
maximizing-learningopportunities-in-ablended-clinicalrotation-d-koch.pdf?
sfvrsn=11547e97\_0

## What is Blended Learning?

- Combining instructional modalities (or delivery media) (Bersin & Associates, 2003; Orey, 2002a, 2002b; Singh & Reed, 2001; Thomson, 2002)
- Combining instructional methods (Driscoll, 2002; House, 2002; Rossett, 2002)
- Combining online and face-to-face instruction (Reay, 2001; Rooney, 2003; Sands, 2002; Ward & LaBranche, 2003; Young, 2002)





## Blended Learning

- A blend of pedagogy and technology in any variety of forms
- Number of teaching approaches—> teaching practices which require students to master some amount of course content before class through engagement with a number of rich online resources such as videos, simulations, and quizzes

Miles, et al. Arch Med Health Sci 2017, 5:97-102

Torrisi-Steele G, Drew S. Int J Acad Dev 2013;18:371-83.

 Allows students to engage in activities during class that solidify and enhance this knowledge







## Why Blend?

- 1. Improved pedagogy
- 2. Increased access and flexibility
- 3. Increased cost effectiveness





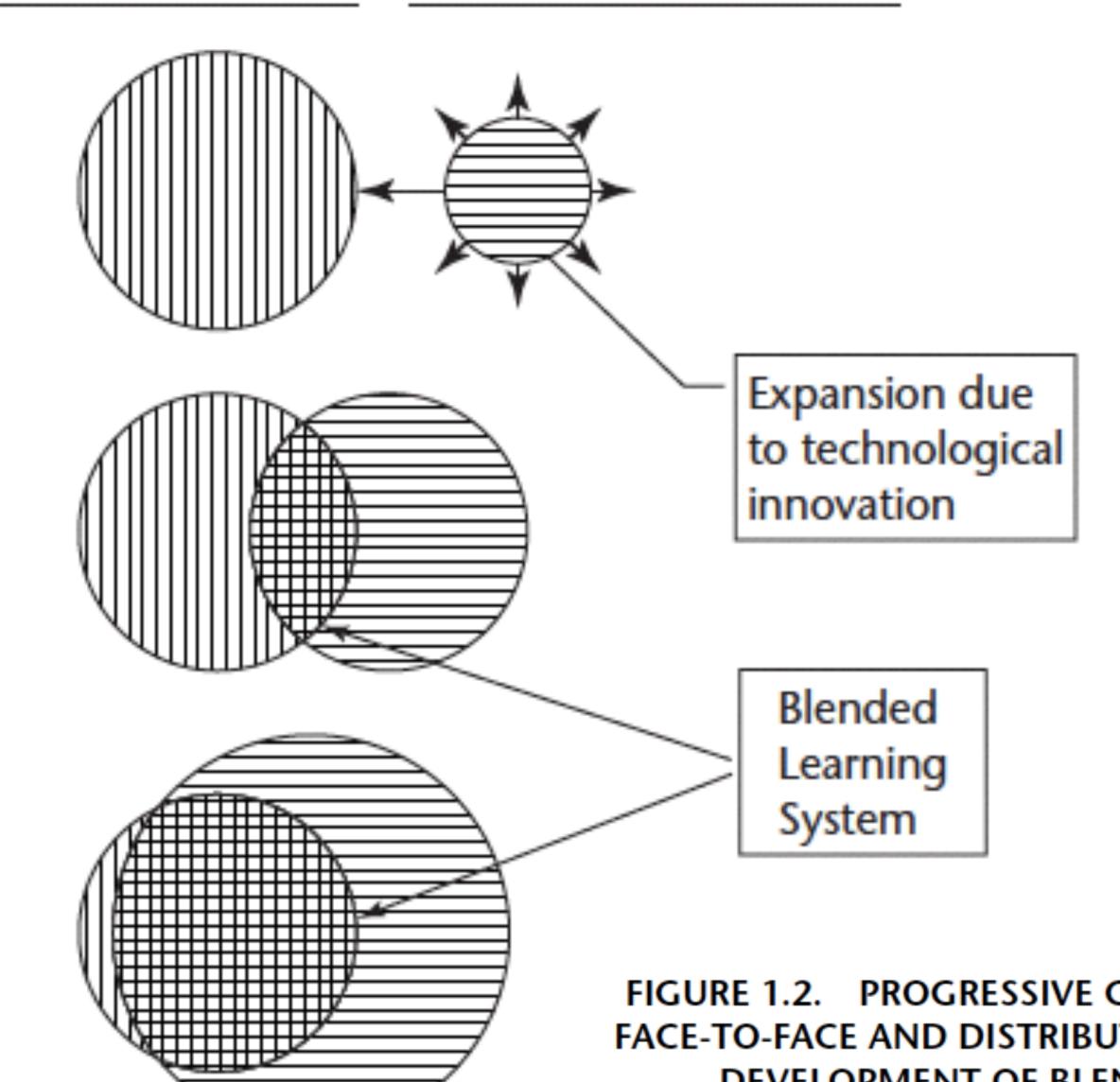


Graham, Allen, and Ure (2003)

Past (largely separate systems)

Present (increasing implementation of blended systems)

Future (majority of blended systems)



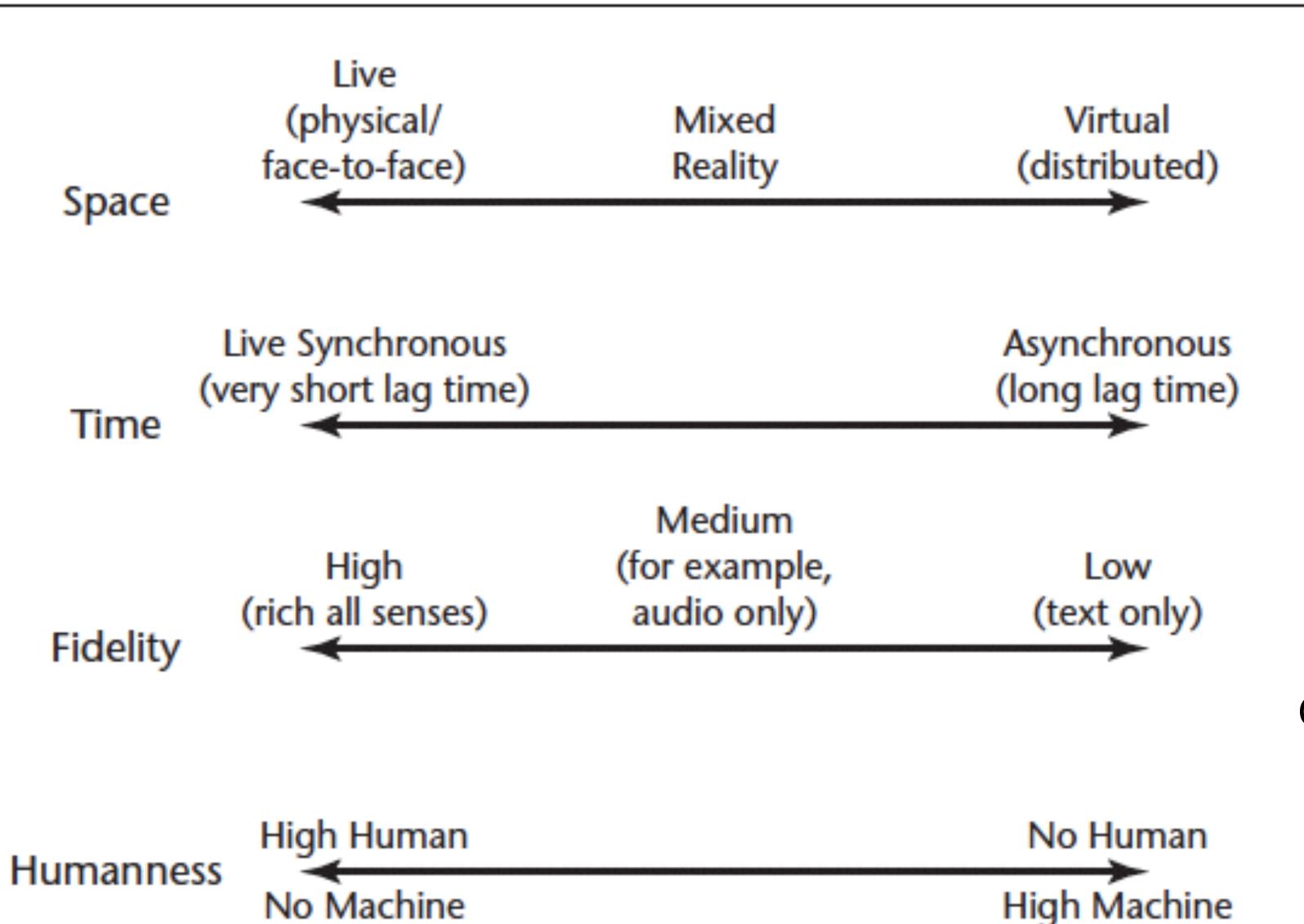








## FIGURE 1.3. FOUR DIMENSIONS OF INTERACTION IN FACE-TO-FACE AND DISTRIBUTED LEARNING ENVIRONMENTS.



Blending
Dimensions
in Blended
Learning

Graham, Allen, and Ure (2003)





#### TABLE 1.1. CATEGORIES OF BLENDED LEARNING SYSTEMS.

Enabling blends

Enhancing blends

Transforming blends

Primarily focus on addressing issues of access and convenience—for example, blends that are intended to provide additional flexibility to the learners or blends that attempt to provide the same opportunities or learning experience but through a different modality.

Allow incremental changes to the pedagogy but do not radically change the way teaching and learning occurs. This can occur at both ends of the spectrum. For example, in a traditional face-to-face learning environment, additional resources and perhaps some supplementary materials may be included online.

Blends that allow a radical transformation of the pedagogy—for example, a change from a model where learners are just receivers of information to a model where learners actively construct knowledge through dynamic interactions. These types of blends enable intellectual activity that was not practically possible without the technology.

Graham, Allen, and Ure (2003)



## A: Implement a BLENDED LEARNING strategy.

## BLENDED LEARNING INVOLVES:

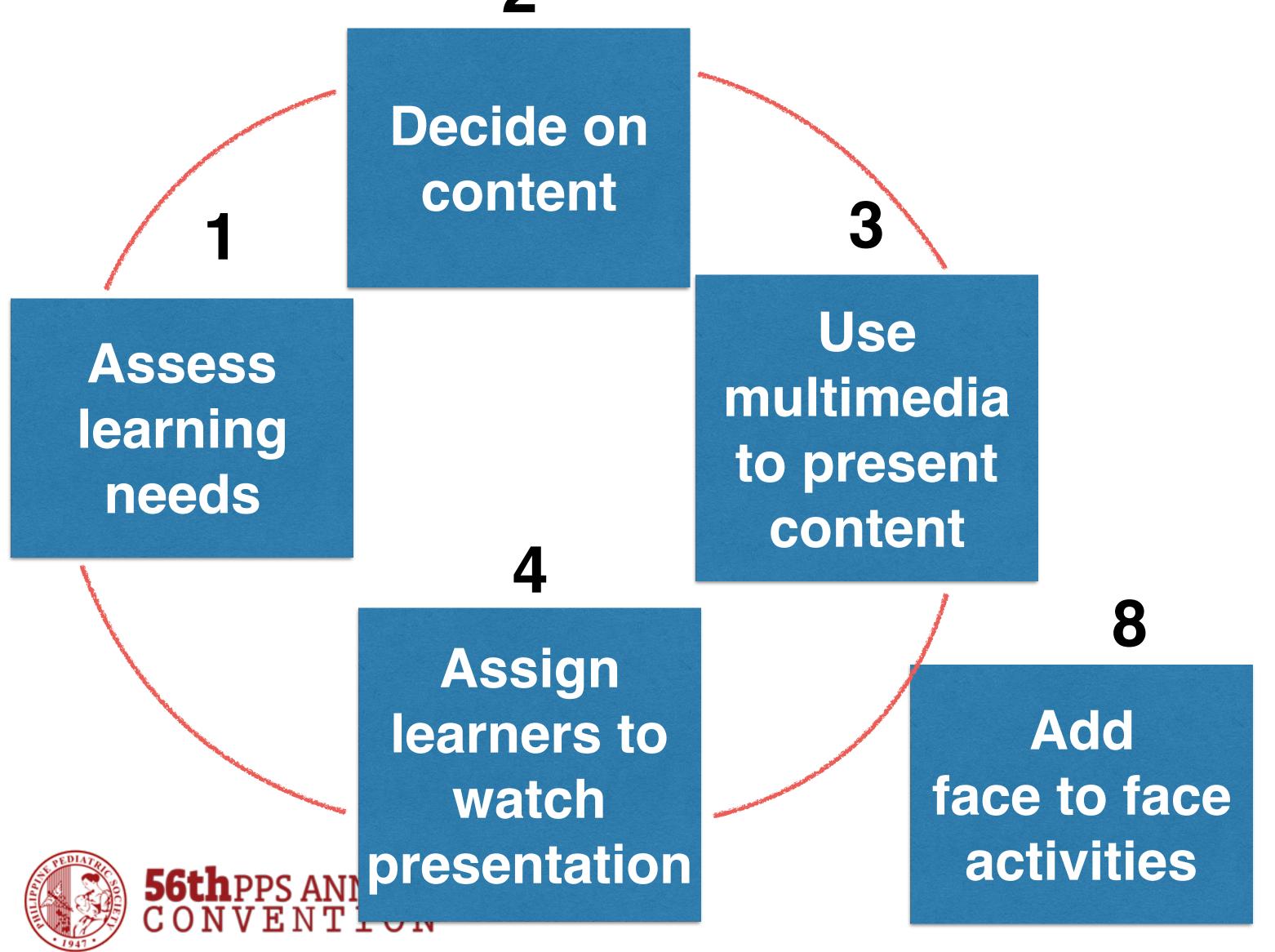
- 1. Courses that integrate online with face-to-face activities.
- Courses that are taught both in the classroom (face-to-face) and at a distance.
- Mixing or combining instructional technology with actual job tasks, in order to create a harmonious effect of learning and working.
- 4. Combining computers with traditional teaching.

  It's also referred to as reverse teaching, flip teaching, backwards classroom, or reverse instruction.



12 Types of Blended Lecerning Flex Outside-In Rotation SCHOOL Supplemental Station Rotation & Individual 3 Insic -Blended Learning 2.0 Rotation The merging of physical & digital learning spaces to complement one another to personalize the learning of all students based on authentic human circumstance and prevailing local technology. - Terry Hick Mastery-Based TeachThought Flipped Classroom  $E=mc^2$ roject

## How To Blend



Meet learners face to face

5

Present learning objectives

6

Discuss assigned material Pediatrics



### How To Blend

- Discuss pre-assigned online material in the classroom
- Complement with a mini-lecture or assess learning through a quiz

www.osmosis.org





#### Opportunity

Third year medical students typically learn through supervised patient interaction in a clinical setting, often based in academic or hospital-based training sites. As one of the five medical schools in the Philadelphia area, PCOM strives to find the best training sties for its students in a number of specialties. Due to the increasing number of students in the region as well as a decreasing number of available training sites (as a result of reduced hospitalization rates and lengths of stay), finding suitable training sites for students has been a challenge.

In order to better meet the academic needs of our students, new educational models are required. These models need to address a number of key challenges.

- Inconsistent clinical exposure to patients whose demographics and presenting problems vary by site.
- Inconsistent training and quality of clinical preceptors at each of the clinical sites.
- Insufficient clinic training sites to accommodate expanding class size.

#### JAOA/AACOM

### Blended Learning Educational Format for Third-Year Pediatrics Clinical Rotation

Erik E. Langenau, DO, MS Robert Lee, DO, MS Marci Fults, OMS III

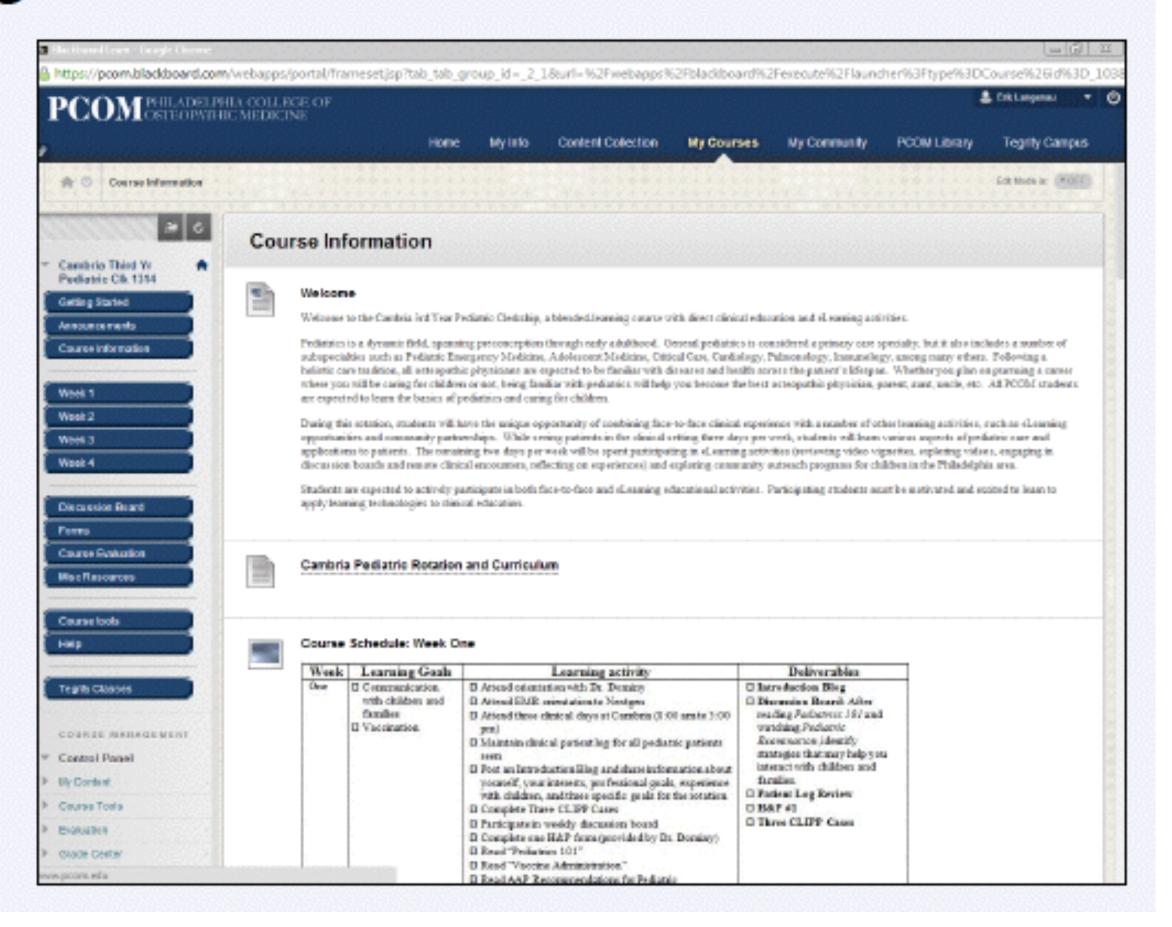
#### Solution

A four-week blended-learning program for third-year medical students at PCOM has been created in order to combine an online collaborative learning experince with face-to-face clinical instruction supervised by a PCOM faculty preceptor.

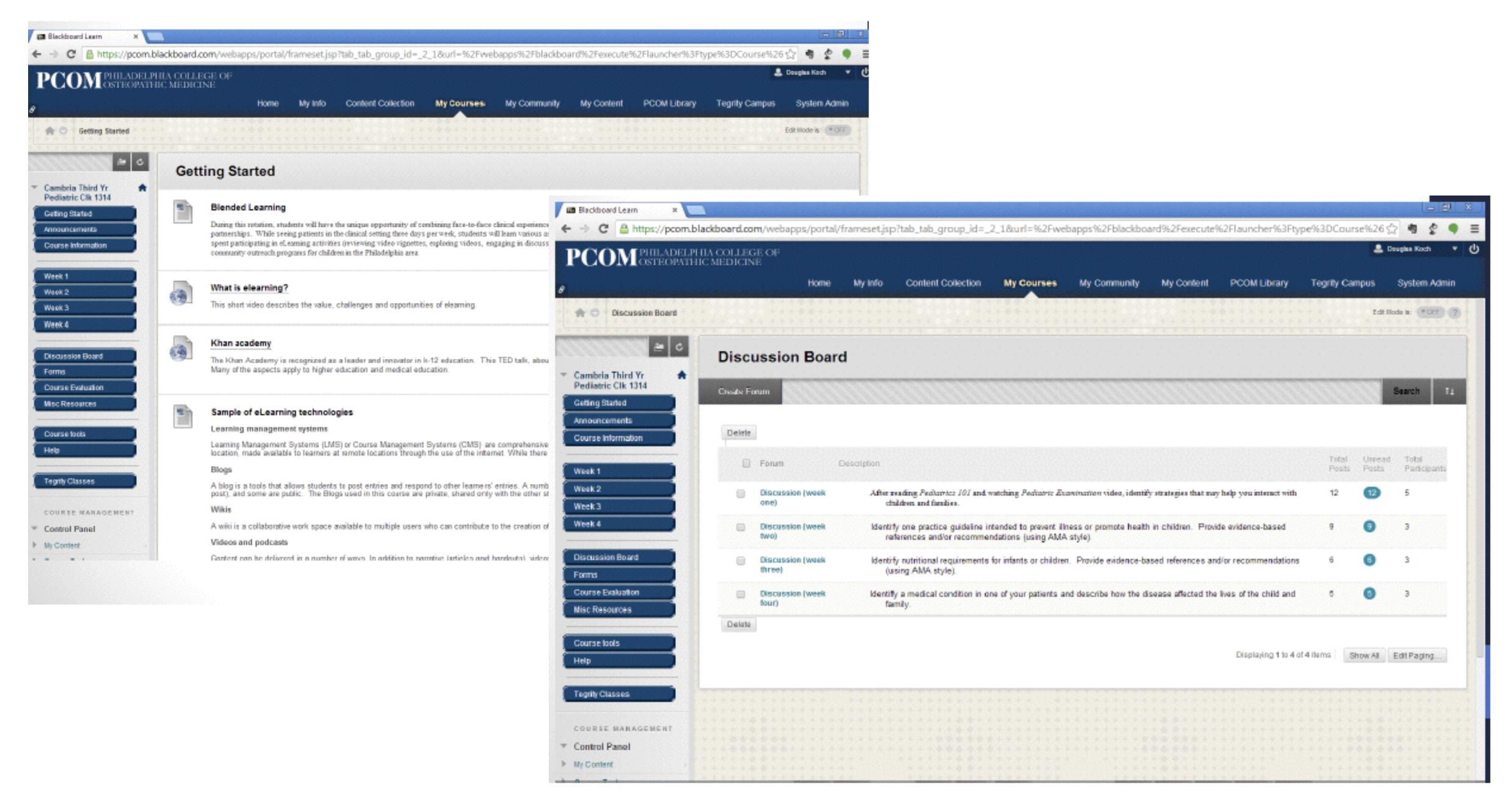
#### Pedagogical Approach

- Problem Based Learning (PBL).<sup>1</sup> Students are presented with a "problem" (such as "I have chest pain") and work together in small groups (6-10) with a "tutor" to clarify the question, research, discuss solutions, and acquire knowledge through discovery and problem solving.
- Constructivism.<sup>2</sup> Learners build upon previously acquired knowledge. Not only does this allow learners to take advantage of previously acquired knowledge and experiences, but it also fosters deeper learning.
- Connectivism.<sup>3</sup> Learners advance knowledge by making connections between varying fields, ideas, concepts and perspectives.
- Online Collaborative Learning (OCL).<sup>2</sup> Learners engage, challenge, and learn from one another in a online collaborative environment.

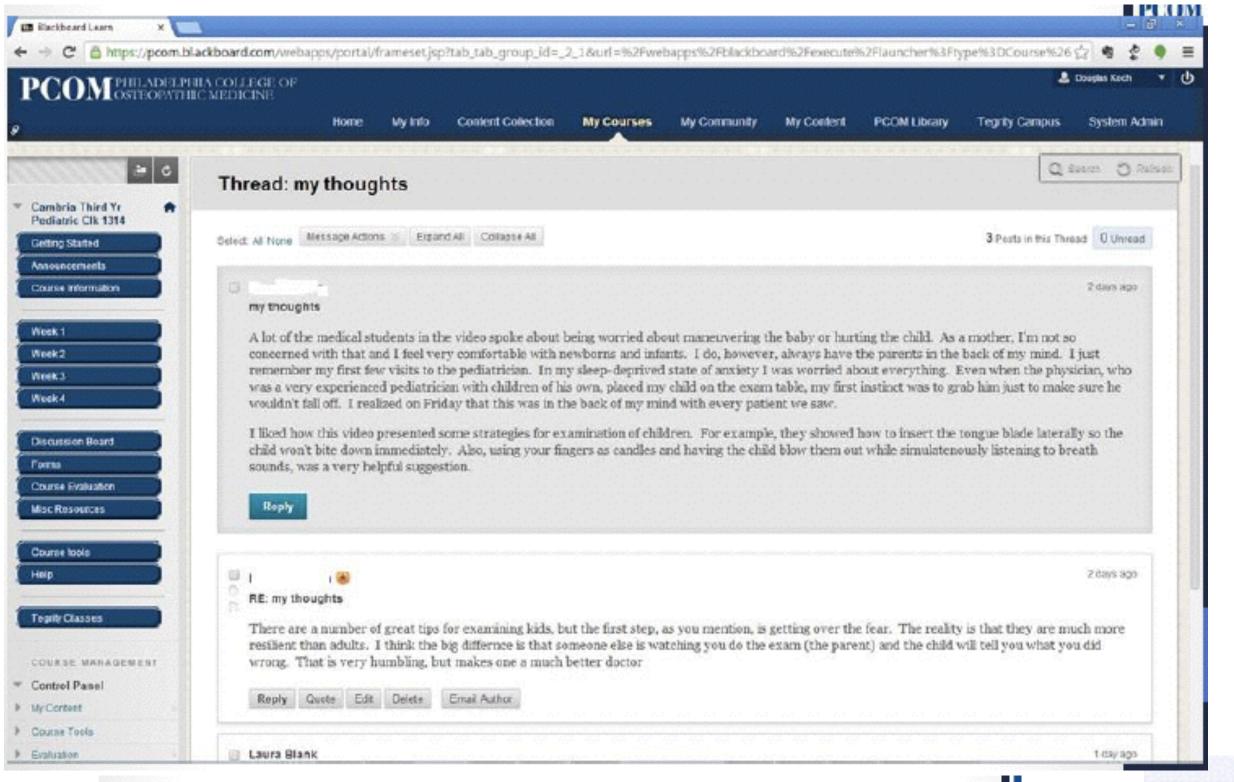
#### Course



Examples and Notes		
Clinical precepting with the pediatrician		
Formative assessment completed by the pediatrician preceptor		
Students present to other students and faculty		
Students maintain a log of patients seen during the rotation		
Students submit four H&P forms for patients for specified ages		
"After watching the video, Pediatric Examination, identify strategies that may help you		
interact with children and families."		
"Post an introduction blog and share information about yourself, interests, professional		
goals and experience with children; note three specific goals you want to achieve for this		
rotation."		
Pediatric Computer-Assisted Learning in Pediatrics Program (CLIPP) <sup>4</sup>		
Centers for Disease Control and Prevention (CDC). Vaccine Administration <sup>5</sup>		
American Academy of Pediatrics (AAP). View Through the Otoscope <sup>6</sup>		
Faculty create Power-Point presentations for students to review		
A number of articles, clinical guidelines and references are posted		
Students identify a Philadelphia-based community resource for patients, write a		
summary and post in on the course site		
Students prepare a formal case write-up and share it with students on the course site		
Orientation and summary of learning objectives are presented as podcasts for each		
week of the course		
California Vaccines for Children. EZIZ Vaccine Administration Online Training.7		



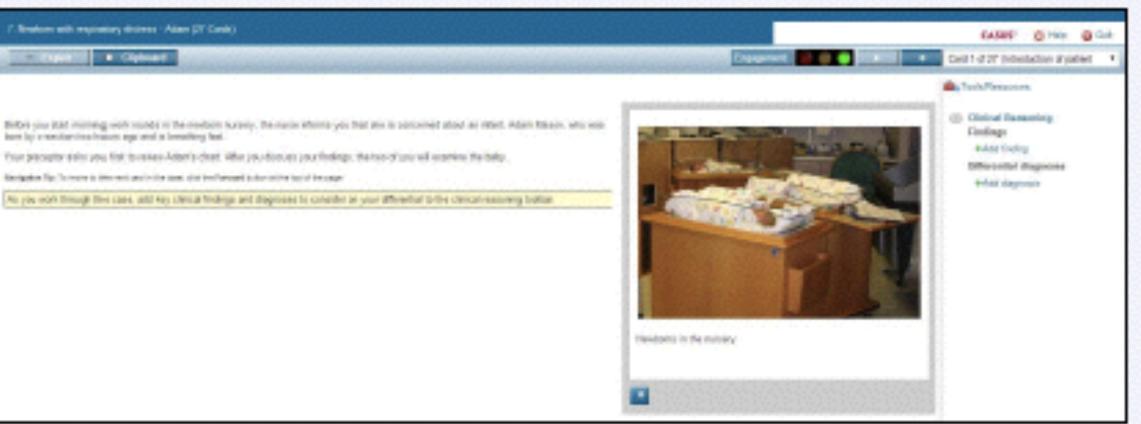
The Journal of the American Osteopathic Association April 2017 | Vol 117 | No. 4





### Online training from EZIZ California vaccines for Children<sup>7</sup>





Virtual Patient (VP) encounters and simulations from

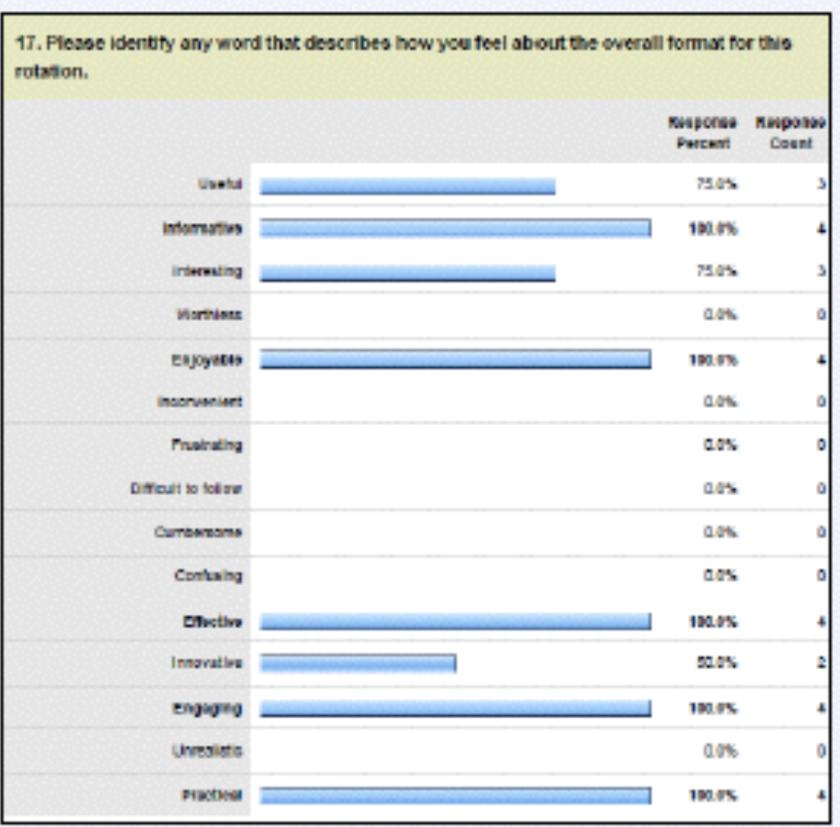
The Journal of the American Osteopathic Association April 2017 | Vol 117 | No. 4

#### Assessment

- A 51-item survey has been administered to the first two groups of students who completed the program.
- Responses have been overwhelming positive with regard to overall format, discussion boards, blogs, direct observation.

CLIPP virtual patient encounters, case was presentation, community resources reviews learning objectives.

- 100% Strongly Agreed or Agreed "I prefe format (eLearning combined with face-to education) to traditional face-to-face rota
- 100% Strongly Agreed "I was satisfied w experience."
- 100% Strongly Agreed "I would sign up t course like this in the future."



Written comments included:

"The combo of clinic and eLearning was awesome. Really gave me some time to learn the information and process what I was learning"

"This may sound extreme, but I believe, due to the combined nature of this course and the committed investment of the preceptor, that I have learned more on this rotation than almost any other so far."

"I wish there was more of a patient load, but I appreciated all the resources for learning we were provided with"

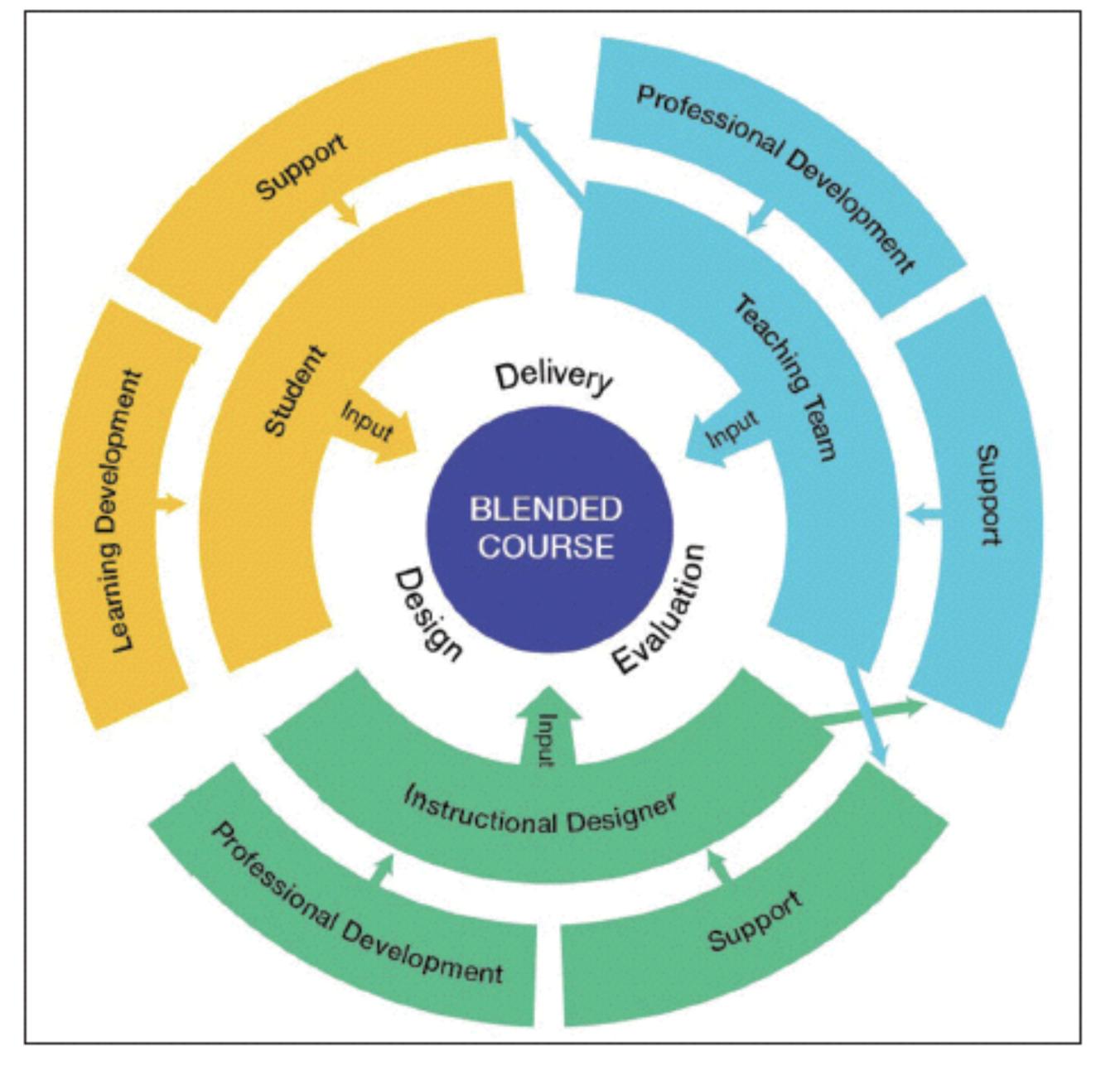


Figure 1: Model for inclusive blended course design, delivery, and evaluation

Miles, et al. Arch Med Health Sci 2017, 5:97-102 Torrisi-Steele G, Drew S. Int J Acad Dev 2013;18:371-83.

## Advantages for Teachers

- Teaching is less expensive to deliver, more affordable and saves time
- Offers flexibility in terms of availability
- Access to global resources and materials to meet learners' level of knowledge and interest
- Self-pacing for slow or quick learners reduces stress, increases satisfaction and information retention
  - Allows more effective interactions between learners and instructors





## Advantages for Students

- Increase student interest
- Keep students focused for longer period of time
- Provides student autonomy
- Instill a disposition of selfadvocacy
- Promotes student ownership

- Allow instant diagnostic information and student feedback
- Enables students to learn at their own pace
- Prepares students for the future





## Issues or Challenges Faced in Blended Learning

- 1. Role of live interaction- based on learner preference
- 2. Role of learner choice and self-regulation
- 3. Models for support and training
- 4. Digital divide
- 5. Cultural adaptation
- 6. Balance between innovation and production







## Strengths & Weaknesses

Computer-Mediated Environment (Asynchronous Text-Based Discussion)

Face-to-Face Environment (In-Class Discussion)

Strengths

Flexibility: Students can contribute to the discussion at the time and place that is most convenient to them.

Participation: All students can participate because time and place constraints are removed.

Depth of reflection: Learners have time to more carefully consider and provide evidence for their claims and provide deeper, more thoughtful reflections (Mikulecky, 1998; Benbunan-Fich & Hiltz, 1999).

Human connection: It is easier to bond and develop a social presence in a face-to-face environment. This makes it easier to develop trust.

Spontaneity: Allows the generation of rapid chains of associated ideas and serendipitous discoveries (Mikulecky, 1998).

Graham, Allen, and Ure (2003)

## Strengths & Weaknesses

Face-to-Face Environment Computer-Mediated Environment (Asynchronous Text-Based Discussion) (In-Class Discussion) Participation: Cannot always Spontaneity: Does not encourage the Weaknesses generation of rapid chains of have everyone participate, especially if there are dominating associated ideas and serendipitous discoveries (Mikulecky, 1998). personalities. Procrastination: There may be a Flexibility: Limited time, which means that you may not be able tendency toward procrastination (Benbunan-Fich & Hiltz, 1999). to reach the discussion depth that you would like. Human connection: The medium is considered to be impersonal by many (Benbunan-Fich & Hiltz, 1999), which may cause a lower satisfaction level with the process (Haytko, 2001).

Graham, Allen, and Ure (2003)



#### **WEB PAPER**

The role of blended learning in the clinical education of healthcare students: A systematic review

MICHAEL ROWE, JOSE FRANTZ & VIVIENNE BOZALEK University of the Western Cape, South Africa

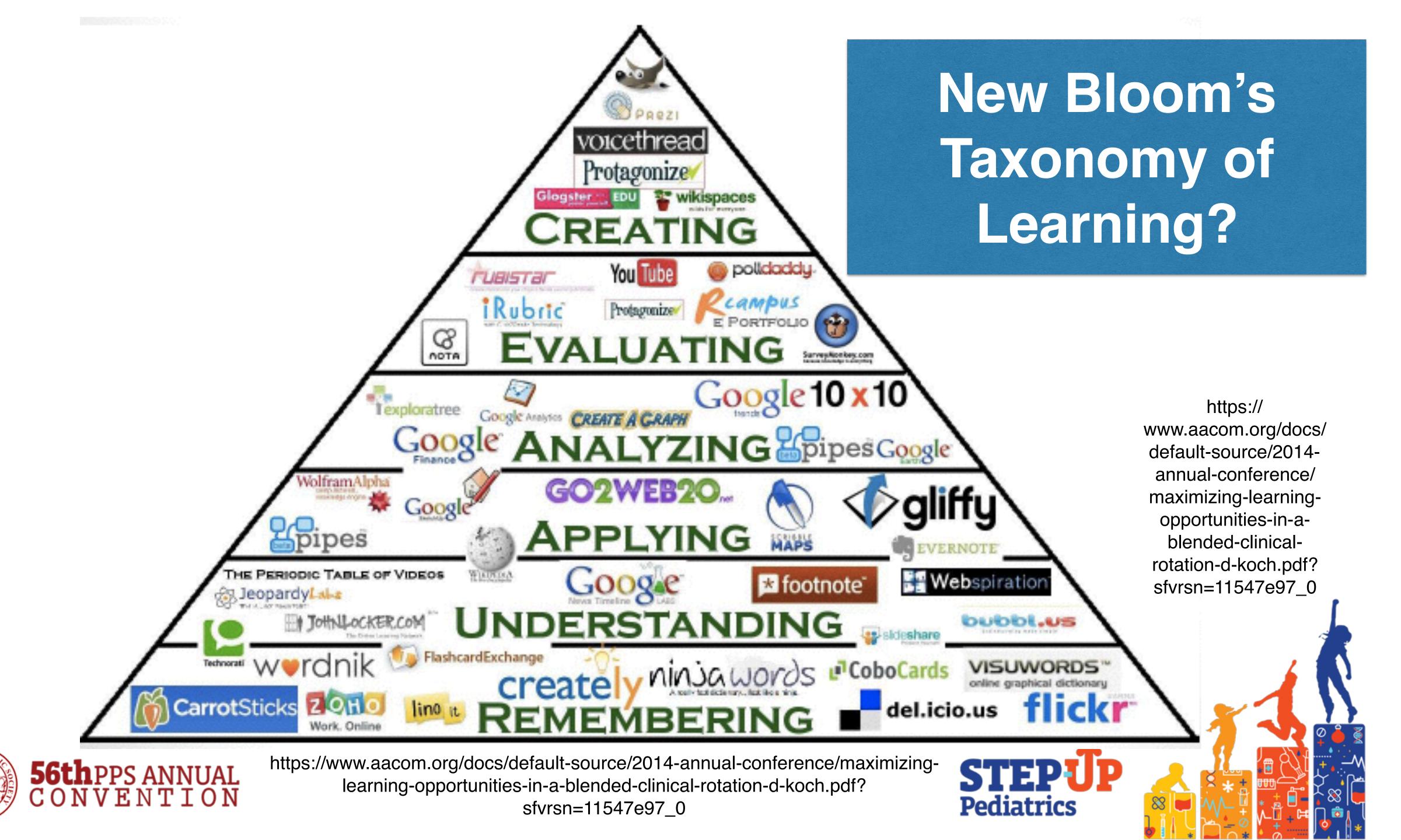
- Limited research available
- Some evidence of improvement of students' clinical competencies demonstrated
- Did not always manifest in better grades

- Addressed clinical competencies important for the development of practice knowledge
- Improved reflective skills and clinical competencies, clinical reasoning and bridging of the gap between theory and practice









## Summary

- 21st century education should prepare learners on how to think and work and equip them with tools to thrive in a dynamic, technologydriven world
- Outcome based education provides teaching-learning activities that promote skills used in the real world setting, including use of technology

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 Blended learning combines pedagogy and technology to make learners more engaged, resulting in better learning outcomes



"It should be emphasized that blended learning, while generally including some components involving technology and online activities,

is NOT ABOUT THE TECHNOLOGY PER SE,

but more specifically about the

## STRATEGY OF HAVING STUDENTS MASTER CONTENT BEFORE COMING TO CLASS

so that they can

**ENGAGE IN ACTIVITIES** 

that will help to

SOLIDIFY AND DEEPEN THIS LEARNING"







