



Republic of the Philippines  
Department of Health  
**OFFICE OF THE SECRETARY**

March 30, 2020

**DEPARTMENT MEMORANDUM**

No. 2020 - 0146

**TO: ALL UNDERSECRETARIES AND ASSISTANT SECRETARIES; DIRECTORS OF BUREAUS, SERVICES AND CENTERS FOR HEALTH DEVELOPMENT; MINISTER OF HEALTH – BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO; EXECUTIVE DIRECTORS OF SPECIALTY HOSPITALS AND NATIONAL NUTRITION COUNCIL; CHIEFS OF MEDICAL CENTERS, HOSPITALS, SANITARIA AND INSTITUTES; PRESIDENT OF THE PHILIPPINE HEALTH INSURANCE CORPORATION; AND TREATMENT AND REHABILITATION CENTERS AND ALL OTHERS CONCERNED**

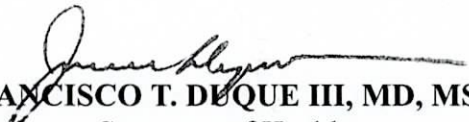
**SUBJECT: Adoption of POGS, PPS, PIDSOG, PSMFM, PSNbM, and PIDSP Clinical Approach to the Management of COVID-19 in Pregnancy and the Newborn**

Coronavirus disease 2019 (COVID-19) was first reported in Wuhan City, China in December 2019 as a cluster of pneumonia cases of unknown etiology. With the increasing number of cases and deaths in various territories, the World Health Organization declared COVID-19 as a pandemic last March 11, 2020.

As of March 30, 2020, the Philippines has recorded 1,546 confirmed cases of COVID-19 with 78 deaths and 42 recoveries. In light of the current situation, there is a need to ensure that pregnant mothers are appropriately managed. Hence, the DOH hereby adopts the Clinical Approach to the Management of COVID-19 in Pregnancy and the Newborn by the Philippine Obstetrical and Gynecological Society (Foundation), Inc. (POGS), Philippine Pediatric Society (PPS), Philippine Infectious Disease Society for Obstetrics and Gynecology (PIDSOG), Philippine Society for Maternal and Fetal Medicine (PSMFM), Philippine Society for Newborn Medicine (PSNbM), and Pediatric Infectious Disease Society of the Philippines (PIDSP). (See *Annex A*)

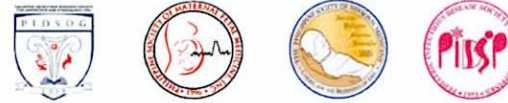
The abovementioned Clinical Approach to the Management of COVID-19 in Pregnancy and the Newborn shall be used in the clinical management of a PUI, PUM, or COVID-19 positive pregnant and newborn in all hospitals and health facilities, both public and private, subject to continuous update by the societies involved.

Dissemination of the above information is requested.

  
**FRANCISCO T. DE QUE III, MD, MSc**  
Secretary of Health

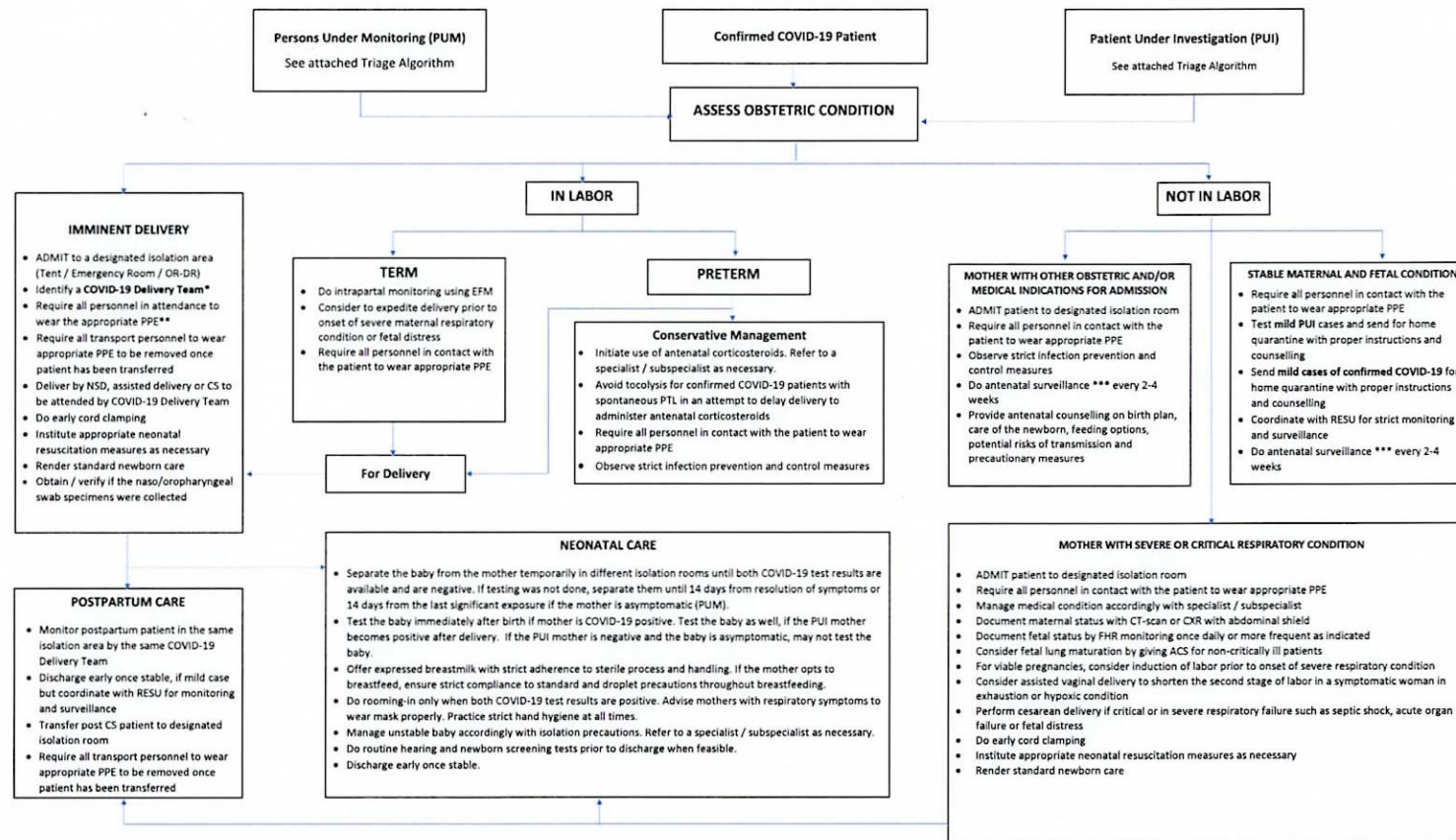


PHILIPPINE OBSTETRICAL AND GYNECOLOGICAL SOCIETY (Foundation), INC.  
PHILIPPINE PEDIATRIC SOCIETY



PHILIPPINE INFECTIOUS DISEASES SOCIETY FOR OBSTETRICS AND GYNECOLOGY \* PHILIPPINE SOCIETY OF MATERNAL AND FETAL MEDICINE \*  
PHILIPPINE SOCIETY OF NEWBORN MEDICINE \* PEDIATRIC INFECTIOUS DISEASE SOCIETY OF THE PHILIPPINES

## APPROACH TO THE MANAGEMENT OF COVID-19 IN PREGNANCY AND THE NEWBORN



**Legend:** COVID-19 – Corona Virus Disease 2019; PUI – Patient Under Investigation; PUM – Persons Under Monitoring;  
PPE – Personal Protective Equipment; ACS – Antenatal Corticosteroids; PTL – Preterm Labor; RESU – Regional Epidemiology and Surveillance Unit

\* COVID-19 Delivery Team – Obstetrician [1-2]; Pediatrician [1-2]; Anesthesiologist [1]; Nurse [1-2]  
\*\* Appropriate Personal Protective Equipment – 1. Well-fitting N95 mask (fit tested); 2. Eye protection (goggles or face shield);  
3. Impermeable gown; 4. Surgical gloves; 5. Shoe cover. The reader is referred to the Guidelines on Infection Control for COVID-19.  
\*\*\* Antenatal Surveillance – Growth monitoring, AFI with UnA Doppler; Detailed anatomic scan at 18-24 weeks for infection acquired during 1<sup>st</sup> and early 2<sup>nd</sup> trimester

**Disclaimer:** This guideline was formulated through a collaborative effort from the above professional societies mainly to guide clinicians who will be handling COVID-19 in this special population. The recommendations were made after careful review of currently available limited published data with the consensus of a panel of experts. We will be updating this guideline accordingly as more information becomes available as this disease is still evolving. This can be adopted and modified based on your institution's capacity and standing policies.



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(Front Row)

CHRISTIA S. PADOLINA, M.D. (President, POGS) middle  
 BENJAMIN D. CUENCA, M.D. (Vice-President, POGS) second to the left  
 ERWIN R. DE MESA, M.D. (President, PIDSOG) second to the right  
 MARJORIE I. SANTOS, M.D. (President, PSMFM) first from left  
 BELEN AMPARO E. VELASCO, M.D. (President, PSNBM), first from right

(Standing from left)

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(Not in the picture)

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