



**MEMORANDUM OF UNDERSTANDING**

between

**THE PHILIPPINE PEDIATRIC SOCIETY  
and the  
PHILIPPINE COLLEGE OF PHYSICIANS**



**SUBJECT: STRUCTURED PROGRAMS ON TRANSITIONING ADOLESCENTS INTO YOUNG ADULTS  
IN PEDIATRIC AND INTERNAL MEDICINE RESIDENCY TRAINING CURRICULA**

**WHEREAS**, the United Nations Population Fund in the Philippines (UNFPA) states that “the Philippines today has the largest generation of young people in its history — 30 million between the ages of 10 and 24 account for 28% of the Philippine population;”

**WHEREAS**, this age period is characterized by unique physical, social, behavioral and psychological development changes where adolescents (10 to 18 years, 364 days) and young adults (19 to 24 years) adopt specific behaviors that impact on current and future health outcomes; in particular, they engage in risk-taking activities regardless of their state of physical health (apparently well or acutely-/chronically-ill);

**WHEREAS**, it is essential that, apart from parents and core family members, health care providers and educators should help promote healthy behaviors, engender independence and self-management skills, and provide a seamless transition from child-centered to adult-oriented health management systems for adolescents and young adults;

**WHEREAS**, one major strategy to ensure optimal transitioning and eventual transfer across pediatric and adult healthcare system barriers, whether perceived or actual, is to capacitate the future pediatrician/pediatric subspecialist and the future internist/adult subspecialist using structured curricular programs integrated in their respective residency training curricula;

**WHEREAS**, in pursuit of the above objectives, the Philippine Pediatric Society (PPS) spearheaded a flagship project entitled “*Empowering Pediatricians on the Care of Transitioning Adolescents*”, starting with a brainstorming meeting on August 13, 2019, approval in principle by the PPS Board of Trustees on August 22, 2019, subsequent creation of a Committee on Adolescent Health and Transitioning, successfully getting the favorable endorsement of surveyed pediatricians on the integration of a curriculum on Adolescent Health and Transitioning in the pediatric residency training program in the Revised PPS-Hospital Accreditation Board (HAB) Manual and, with the approval of the PPS-HAB on January 30, 2020 of this curriculum, an orientation launch was scheduled on April 20, 2020 (to be rescheduled due to the pandemic);

**WHEREAS**, realizing the cogent need of engaging our adult healthcare colleagues who are the eventual recipients of patients graduating from the adolescent transitioning program, an exploratory joint meeting of the National Presidents and Residency Training Committees of PPS and the Philippine College of Physicians (PCP) was organized on February 12, 2020 to jumpstart a collaboration in the area of parallel residency training addressing the transition care of all adolescents and young adults, using locally- and internationally-established experiences as reference;

WHEREAS, PCP subsequently mobilized its own accredited residency training programs to conduct preliminary workshops and surveys on the knowledge, practice and attitudes of internists as regards the *ab initio* care of young adults (those not coming from structured transitioning models), the results of which are forthcoming.

NOW, THEREFORE, PPS and PCP do hereby join forces to carry out the Transitioning Program in their respective Adolescent Health and Young Adult Health residency training curricula, as follows:

1. PPS shall, through its Hospital Accreditation Board:


- a. mandate its accredited pediatric residency training programs to fully implement the approved Adolescent Health and Transitioning Program within its three-year training period, by the year 2023;
- b. encourage the development of structured transition models that may be flexible and/or suited to the internal conditions of hospitals or unique practices of pediatricians and their counterpart internists;
- c. advance a cordial working relationship between the Pediatric and Internal Medicine departments to achieve satisfactory transitioning outcomes;
- d. develop new strategies that will improve the Transition Program to make it a vital component of adolescent management in the hospital setting, and;
- e. keep an open line of communication with PCP's Residency Training Committee as monitoring and feedback are necessary ingredients of a workable and sustained Transitioning Program.

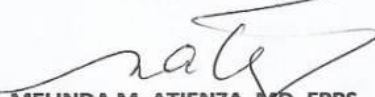
2. PCP shall, through its Residency Training and Accreditation Committee:

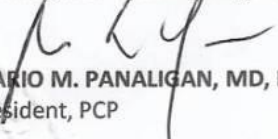
- a. mandate its accredited residency training programs to fully implement the approved Young Adult Health and Transitioning Program within its three-year training period, by the year 2023;
- b. encourage the development of structured transition models that may be flexible and/or suited to the internal conditions of hospitals or unique practices of internists and their counterpart pediatricians;
- c. advance a cordial working relationship between the Pediatric and Internal Medicine departments to achieve satisfactory transition outcomes;
- d. develop new strategies that will improve the Transition Program to make it a vital component of young adulthood management in the hospital setting, and;
- d. keep an open line of communication with PPS' Hospital Accreditation Board as monitoring and feedback are necessary ingredients of a workable and sustained Transition Program.

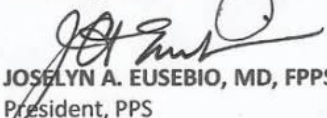
21 OCT 2021

Signed on this \_\_\_ day of \_\_\_ 2020 at the City of QUEZON CITY, Philippines.

  
**NEMENCIO A. NICODEMUS JR. MD, FPCP**  
 Member, PCP Board of Regents

  
**MELINDA M. ATIENZA, MD, FPPS**  
 Secretary, PPS HAB

  
**MARIO M. PANALIGAN, MD, FPCP**  
 President, PCP

  
**JOSELYN A. EUSEBIO, MD, FPPS**  
 President, PPS

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**ATTY. EUSEO S. CALMA JR.**  
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