

**PPS BICOL CHAPTER: FACING THE PANDEMIC HEAD ON
(March – September Activities)
by: Dr. Janeta Froyalde and Dr. Michelle Semana**

It has been a difficult 2020 for everybody. The restrictions brought about by the Covid-19 pandemic made it hard to conduct activities, but despite that fact, the PPS – Bicol Chapter moved on and tried their best to serve the Filipino child.

March - July 2020, the PPS-BC, headed by incoming Chapter President Dr. Janeta Froyalde, spearheaded a fund drive to provide the Bicol Medical Center pediatric patients and companions with essential items such as food and personal hygiene kits since there was difficulty in going around the city with shops and restaurants closed.



Last June 23, 2020, Dra. Ja Froyalde guested in 4 different radio programs (Home Radio, DWLV 91.9 BBS FM, Bombo Radyo and DWNX) to talk on “Iwas Lason Tips sa Panahon ng Covid” in commemoration of National Poison Control Week.



In celebration of Nutrition Month last July, PPS-BC had a feeding program in the BMC Pediatric Ward. A total of 45 children were fed with Goto with Chicken last July 28, 2020.

August 3 saw the virtual induction of the new set of Officers and Board Members for the PPS – Bicol Chapter. PPS National President Dr. Jocelyn Eusebio presided the installation of Dr. Janeta Froyalde as Chapter President and the following: Dr. Myla Baturiano as Vice President, Dr. Michelle Semana as Secretary, Dr. Merla Ricafort as Treasurer, Dr. Venia Alvarez as Asst. Treasurer. Also inducted were the Area Representatives: Dr. Agatha Realuyo for Albay, Dr. Marissa Obal for Camarines Norte, and Dr. Eva Ortile for Sorsogon. Lastly, the Board of Directors were

also inducted: Dr. Arelene Calleja, Dr. Erlita Cledera, Dr. Mary Ann Cyril Mesalucha, Dr. Amelita Palima, and Dr. Ruby Yangco.



Every Friday at 8:00-9:00 am, a radio program entitled “Kalusugan Mahalaga sa Oras ng Pandemya” was launched by PPS-BC and 91.9 BBS FM last August. This radio program is aired and can be watched thru FB live stream. This activity enabled the chapter to impart their knowledge concerning children’s health. The initial radio telecast was August 7 in celebration of Global Breastfeeding Week. So far, topics discussed were the following: Tuberculosis in Children (August 14), Incidence of Severe Malnutrition in the Bicol Region (August 21), Dengue Fever (August 28), Bronchial Asthma (September 4), Effects of Gadgets in Children (September 10), Pneumonia (September 18) and Diarrhea (September 24).

KALUSUGAN MAHALAGA SA ORAS NG PANDEMYA WEEKLY RADIO PROGRAM (Fridays at 91.9 BBS FM radio/FB Live)



Aug 7 – Global Breastfeeding Week



Aug 14 – Tuberculosis in Children



Aug 21 – Incidence of Severe Malnutrition in Bicol
TOPICS FOR SEPTEMBER:

- Sept 10 – Effects of Gadgets in Children
- Sept 18 – Pneumonia sa Panahon ng Pandemnya
- Sept 22 – Rabies (Daet)
- Sept 25 – Diarrhea in children



Aug 28 – Dengue Wag Kalimutan



Sept 4 and 9 – Hika ko kaya ko

The PPS-BC also launched an activity called “Ayuda sa Eskwela,” a donation drive that would help public school teachers cope with the demands of online schooling for the children was also launched during the last week of August. Members of the chapter distributed bond papers, computer printers, ink, disinfectants to more than 30 public schools around the Bicol Region for the past two months of August and September.

AYUDA SA ESKWELA (Donation drive)



DAET



ALBAY



NAGA



CATANDUANES



SORSOGON

- Ayuda sa Eskwela**
- Aug 5 – Pamplona National High School
 - Aug 10 – Barcelona Central School Barcelona, Sorsogon
 - Aug 12 – Lourdes Elementary School Polangui, Albay
 - Aug 14 – Anita V. Romero Elementary School, Magang, Daet
 - Aug 18 – Fundado Elementary School, Libmanan, Camarines Sur
 - Aug 18 – Inalahan Elementary School, Libmanan, Camarines Sur
 - Aug 20 – Palapas Elementary School, Ligao City, Albay
 - Aug 20 – Bacong Elementary School, Ligao City, Albay
 - Aug 20 – Buyo Elementary School, Tinambac, Camarines Sur
 - Aug 20 – Cawayan Elementary School
 - Aug 20 – Gulgaron Elementary School, Matnog, Sorsogon
 - Aug 20 – Lajong Elementary School
 - Aug 20 – Sorsogon East Central School
 - Aug 20 – Schools in Irosin and Juban, Sorsogon
 - Aug 21 – Pintor Elementary School, Polangui, Albay
 - Aug 22 – San Isidro Elementary School
 - Aug 22 – Don Manuel Elementary School
 - Aug 26 – Cararayan National High School
 - Aug 26 – Soledad Marasigan Elementary School
 - Sept 1 – Bagacay Elementary School, Legazpi City
 - Sept 4 – Tinago Elementary School, Naga City
 - Sept 4 – Tinago High School, Naga City
 - Sept 4 – Maramba Elementary School, Naga City
 - Sept 4 – Tuga Elementary School, Matnog, Sorsogon
 - Sept 4 – Batang Elementary School, Sorsogon
 - Sept 4 – San Ramon Elementary School, Barcelona, Sorsogon
 - Sept 4 – Abuyog Elementary School Sorsogon City
 - Sept 4 – Catanduanes Elementary School, Juban Sorsogon
 - Sept 4 – Bato Integrated School, Catanduanes
 - Sept 4 – Sipi Elementary School, Catanduanes
 - Sept 15 – Lourdes Elementary School, Polangui, Albay
 - Sept 15 – Maysua Elementary School, Polangui, Albay
 - Sept 15 – Lidong Elementary School, Polangui, Albay

The chapter lost one of its pillars in Dr. Acelita Llorin on September 18, 2020, due to Pancreatic Cancer.



Finally, Chapter President Ja Froyalde had a meeting on September 25 with the Department of Education Naga City and the Local Government Unit on various projects that would benefit school children, such as preventing teenage pregnancy, drug addiction, and mental health.

